

Tyre Changing - Light Truck	and 4WD SAFE WORK M	ETHOD STATEMENT (SWMS)	
TASK OR AC	TIVITY: Tyre Changing - Light Tr	uck and 4WD	
Business Name: [Company Name]		ABN: [ABN]	SWMS#
Business Address: [Company Address]			
Contact Person:	Phone: [Phone]	E fil:	
THIS SAFE WORK METHOD	STATEMENT IS APPROVED BY	THE POST THE PROJECT	
Under the Work Health and Safety Regulation (WHS Regulation), a person conduct the proposed work starts.	eting a business or undertaking (N 3U) is	required to ure at a safe work method s	tatement (SWMS) is prepared before
Full Name:			
Signature:		Title:	Date:
Details of the person(s) responsible for ensuring implementation, monitoring a	ompliance of the SWMS well as review	s and modifications of the SWMS.	
Full Name:		Title:	Phone:
ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS VMS. ST HAVE THE FOLLOWING COMMUNICATED	N. 1E AND DATED SIGNATURE OF A CO. MUNICATED TO IN THE DEVELO	LL RELEVANT PERSONNEL WHO HAVE BI PMENT AND APPROVAL OF THIS SWMS	EEN CONSULTED AND
Safety meetings or toolbox talks will be sched ed in accordance with egislative requirements to first identify any site hazards, conditions those hazards and then to further take steps to either the conditions of the conditions are or conditional talks.	NAME	SIGNATURE	DATE
If an incident or a near miss occurs, all work must steam ately. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity.			
Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel.			
The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident.			



		CLI	ENT OR PRINCIPAL	CONTRACTOR D	ETAILS			
Client:						SCOPE OF WORKS		
Project Name:					Provide a detailed description of the specific work being carried out (otherwise			
Project Address:					known as cope of works).			
Project Manager:								
Contact Phone:								
Project Manager Sig	nature:							
Date SWMS supplie	d to Project Manager:							
		ANY HIGH-	RISK CON PUCT	N' JRK BEING	CARRIED OUT			
☐ involves a risk of a pe	erson falling more than 2 m	neters.		is carried out on or near pressurised gas mains or piping.				
is carried out on a tel	ecommunication tower.		M + M	is carried out on	or near chemical, fuel or refrig	erant lines.		
☐ involves demolition o	f an element of a structure	that is load-be n.		is carried out on or near energised electrical installations or services.				
☐ involves demolition o	f an element related to the	physical integrit of a str	3.	is carried out in an area that may have a contaminated or flammable atmosphere.				
☐ involves, or is likely to	o involve, disturbing a	tos.		involves tilt-up or precast concrete.				
involves structural alt	eration or repair that re	upp to p	prevent collapse.	is carried out on, in or adjacent to a road, railway, shipping lane or other traffic corridor.				
is carried out in or ne	ar a confined space.			is carried out in an area of a workplace where there is any movement of powered mobile plant.				
is carried out in/near	a shaft or trench deeper th	nan 1.5m or tunnel involvin	g use of explosives.	is carried out in a	areas with artificial extremes of	temperature.		
is carried out in or ne	ar water or other liquid tha	t involves a risk of drowning	ng.	☐ involves diving w	vork.			
		ANY HI	IGH-RISK MACHINER	RY OR EQUIPMEN	IT NEARBY			
Forklift	☐ Crane/s	☐ Hoist/s	☐ Excavator	☐ Backhoe/Loader	☐ Boom Lift	☐ EWP	☐ Genie Lift	
☐ Trencher	☐ Drilling Rig	☐ Trucks	Formwork	☐ Bobcat	☐ Flammable Gas	☐ Fuel	☐ Dozer	
☐ High Voltage	☐ Mulcher	☐ Tilt-up Panels	Roller	☐ Scissor Lift	☐ Tractor	Other -		





PERL NAL TECTIVE EQUIPMENT (PPE)

FOOT PROTECTION	HAND PROTECTION	HEAD PROTECTION	HEARING PPOTECTION	PROTE	SPIRATORY P STECTION	FACE PROTECTION	HIGH-VIS CLOTHING	PROTECTIVE CLOTHING	FALL PROTECTION	SUN PROTECTION	HAIR/JEWELLERY SECURED
			A								

Select me appropriate PPE above suitable for the equipment used or the job task being performed (if applicable).

Note: A SWMS must be reviewed regularly to make sure it remains effective. A SWMS must be reviewed (and revised if necessary) if relevant control measures are revised. The review process should be carried out in consultation with workers (including contractors and subcontractors) who may be affected by the operation of the SWMS and their health and safety representatives who represented that work group at the workplace.

When a SWMS has been revised, the person conducting a business or undertaking must ensure all:

- 1. persons involved in the work are advised that a revision has been made and how they can access the revised SWMS;
- 2. persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS: and.
- 3. workers that will be involved in the work are provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR	RESPONSIBLE PERSON
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
1. Preparation	Vehicle instability, Inadequate lighting conditions	2M	 Ensure the vehicle is parked on a flat, stable surface to prevent instability during the tyre changing process. Apply the handbrake, and engage the transmitted in "park" or "neutral" gear depending on whether the vehicle is an autilitation or manual, to further secure the vehicle from movement during tyre changing. Utilise wheel chocks or blocks in front of and use of the wheels that are not being changed, as an additional preventive measure as instrainty on the dovement. Prior to beginning the tyre changing process, control that would have offer any visible damages or of the control to the vehicle damages or of the control to the vehicles, tyres and heated components that may compromise safe cauring a providure. If working a cloors, schelle either of the safe work area is well-lit using portable flood for worklight wo provide sufficient illumination. Consider earing the visibility clothing and utilise reflective cones or warning signs to aller there is the ongoing work, particularly in busy areas or where other vehicles hay upassifully. Artify the capacity and function of the jack and lifting equipment before come or given the specific work step. Avview the manufacturer's guidance detailed within the owner's manual regarding prover jack placement and tyre changing procedures to ensure proper technique is used, reducing the chance of vehicle instability. Keep bystanders and unnecessary personnel at a safe distance from the working area to reduce the risk of accidents and injuries caused by vehicle instability or poor lighting conditions. Wear appropriate personal protective equipment (PPE) such as safety gloves, protective footwear, and eye protection to minimise the risk of harm caused by potential hazards during the tyre changing process. Maintain regular inspection and maintenance of all tools and equipment used for tyre changing, including jacks, wheel chocks, and lighting systems, to ensure they remain in goo	1L	
2. Wheel Inspection	Cracked or damaged wheel rims, Sharp edges	3H	- Ensure that all personnel have undergone proper safety training and are well-versed with the SWMS relevant to tyre changing and handling procedures for light truck and 4WD vehicles.	2M	



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			 Regularly inspect all tools and equipment, such as jacks, lift stands, and torque wrenches, for any signs of damage or defect prior to commencing any wheel-related tasks. Always use the appropriate Personal Protectic Equipment (PPE) to safeguard against potential injuries, including protectic gloves, steel tood boots, safety glasses, and any other necessary items. Clear the working area of any obstacles and the maticipation process, ensuring there is ample to be to mane for safely when handling wheels. Develop and follows termate approach to inspect of and identifying damaged wheel rims, such a using qual antactile methods to check for signs of wear, corrosion, are where structual concess. Use a certification of corrosity calibrate assure gauge to check tyre inflation in line with a suffacture of acations, avoiding under-inflated or over-inflated tyres which can complicate the estimate of a safety. Prope vision and such, thereby minimising risks associated with falls or addentify safe visors of any identified hazards or defects so that timely action can be ento rectify issues and maintain a safe working environment. Ensure adequate lighting is available in the working area to facilitate thorough inspection of wheel components, helping to identify potential hazards more effectively. Lastly, establish and enforce a regular maintenance schedule for both wheels and tyres as part of ongoing company-wide safety measures, aiming to proactively address potential issues before they escalate into significant hazards. 		
3. Loosen Nuts	Injury from wrench slippage, Strain from excessive force	2M	 Ensure workers have received adequate training in proper tyre changing techniques to minimise the risk of wrench slippage or excessive force. Inspect the wheel nuts for signs of corrosion, damage, or wear before attempting to loosen them. If any issues are identified, consult with a supervisor before proceeding. Provide workers with appropriate personal protective equipment (PPE), such as gloves and safety footwear to protect against potential injuries from wrench slippage. Ensure that all tools, including wrenches, are in good working condition and free from defects or wear that could contribute to slippage. Encourage the use of breaker bars or torque wrenches with long handles, which can provide better leverage and reduce the need for excessive force. 	1L	



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			- Instruct workers to use their body weight to apply controlled pressure when loosening wheel nuts, rather than relying solely on arm strength.		
			- Promote proper lifting and handling techniques to cauce the risk of strain injuries associated with heavy objects such as tyres are meels.		
			- Develop a buddy system where team men ars watch for one another, offering support and assistance when needed to precede excellent exce		
			- Establish clear communication protocols to be owed in the event of an emergency, such as requiring mediate assistant should receive become injured while changing a tyre.		
			- Schedule regular and ro cons among workers to prevent fatigue, which can contribute poor judgment an technique sen loosening nuts.		
			- Foster a post the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting of post field haz the safety of ture by entanging open communication and reporting open communication and the safety of ture by entanging open communication and ture by entanging open communication and the safety of ture by entanging open communication and ture by entanging open communication and the safety of ture by entanging open communication and tu		
			- Imply in longon, training programs and workshops to reinforce safe tyre changing projections unsuring all workers remain aware of potential hazards and best practice.		
	•		Regular (revise and update standard operating procedures (SOPs) and Safe We Me od Statements (SWMS), incorporating feedback and lessons learned from previous idents to improve overall workplace health and safety.		
	5				
4. Vehicle Lifting	Vehicle falling, Incorrect jacking point	4A		2M	



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5. Wheel Removal	Sprains and strains, Falling heavy object (wheel)	2M		1L	



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6. Deflating Tyre	Blowout hazard, Rapid deflation injuries	3Н		1L	



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7. Bead Breaking	Injuries from bead breaking tools, Flying debris	3H		2M	



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8. Tyre Removal	Manual handling injuries, Unexpected vehicle movement	2M		1L	



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9. New Tyre Mounting	Incorrect tyre placement, Trapped fingers	2M		1L	



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JOB STEP SPECIFIC WORK STEPS	POTENTIAL HAZARDS HAZARDS THAT MAY ARISE	IR INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RR RESIDUAL RISK	RESPONSIBLE PERSON NAME OF PERSON
10. Inflating Tyre	Tyre explosion, Over-inflation injuries	ЗН		2M	



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11. Wheel Installation	Cross-threaded studs, Uneven tightening	2M		1L	



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12. Vehicle Lowering & Final Check	Incorrect lowering technique, Wrong torque setting	2M		1L	



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EMERGENCY RESPONSE – CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE OF AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

Legislation QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/work-health-and-safety-laws Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice

Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2017

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislati

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis > odes-or racti

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 2011

Legislation NT: https://worksafe.nt.gov.au/laws-and-compliance/wo_place-

Codes of Practice NT: https://worksafe.nt.gov.au/5

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/legislation

Codes of Practice for SA: https://www.safework.sa.gov.au/work_aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Occupational Health al. Safety Act

Occupational Health and afety gulations 2017

Legis on VIC: https://www.ksafe.vic.gov.au/occupational-health-and-safety-act-and-

<u>julai.</u>

des of actice VIC attps://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation

Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work



SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

Worker Name	Pos	sition	Signature	Date	Time	Sup	pervisor
				Date:			
				Date:			
	Date:						
		SAF WC A	STATEMENT	MONITORING AND	REVIEW		
The SWMS must be reviewed regularly to refixe sure it remains effective and must be reviewed (and revised if necessary) if relevant control measure are a constructively process should be carried out in consultation with workers (including contractors and subcontract is) who may be affected by the operation of the SWMS and their health and safety representatives who reduces essented that work group at the workplace. When the SWMS has been revised the PCBU must ensure that all persons involved with the work are advised that a revision has been made and how they can access the revised SWMS, including all persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS. All workers that will be involved in the work must be provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.			The SWMS must be monitored regularly for the effectiveness of ensuring hazard controls are effective in reducing the risk of incidents, keeping the workplace safe for all personnel. The person responsible for monitoring the effectiveness of the Safe Work Method Statement should employ a multi-faceted approach which includes but is not limited to: 1. Spot Checks. 2. Consultation with workers, contractors and sub-contractors. 3. Internal audits on a continual basis. An approach of continuous improvement, promptly recording inconsistencies or deficiencies, followed up by immediate corrective action and consultation with all relevant personnel ensures that the PCBU is consistently developing ever-improving systems of safe work principles.				
REVIEW NUMBER	<u> </u>	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7
NAME							
INITIALS							
DATE							



SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

ITEMS WHICH MUST BE INCLUDED IN THE SWMS	COMPLETED	TO BE DONE	COMMENTS
The company details have been entered, including the project name and address.			
Names and signatures of all relevant personnel consulted during the development of the SWMS.		P P	
Name, signature, position and date signed of the person approving the SWMS.			
Specific personnel and qualifications, experience is noted in the SWMS.	P		
Provides a step-by-step process of tasks required to carry out the activity or task.			
Adequate risk assessment of any identified hazards has been completed.			
Foreseeable hazards are identified and documented for each step.			
Any hazards listed in any site risk assessments have been added to the SWh			
SWMS initial risk (IR) column as well as residual risk (RR) columns completed.			
Check control measures added to the SWMS are the most effecting so tions.			
Responsible person is assigned and listed on the SWMS for the imperent of continue assures.			
Permit requirements specified, such as Hot Work, Veralt Heights etc.			
SWMS identifies plant and equipment to be u d.			
Details of inspection checks required for any equipment listed are noted on the SWMS.			
Describes any mandatory qualifications, experience raining skills required to perform the work.			
Applicable personal protective equipment is selected on the SWMS.			
Lists any required permits or licenses.			
Reflects and documents any legislative references and/or Australian Standards.			
dentifies any hazardous substances used with specific control measures in line with any SDS.			
REVIEWED BY	DATE R	EVIEWED	
SIGNATURE	DATE CO	MPLETED	