

Truck Loading and Load R	estraint SAFE WORK MET	HOD STATEMENT (SWMS)	
TASK OR A	ACTIVITY: Truck Loading and Loa	nd Restraint	
Business Name: [Company Name]		ABN: [ABN]	SWMS#
Business Address: [Company Address]			
Contact Person:	Phone: [Phone]	E fil:	
THIS SAFE WORK METHOD	STATEMENT IS APPROVED BY	THE PL OF THE PROJECT	
Under the Work Health and Safety Regulation (WHS Regulation), a person conduct the proposed work starts.	eting a business or undertaking (N 3U) is	required to ture at a safe work method st	tatement (SWMS) is prepared before
Full Name:			
Signature:		Title:	Date:
Details of the person(s) responsible for ensuring implementation, monitoring a	ompliance of the SWMS well as review	s and modifications of the SWMS.	
Full Name:		Title:	Phone:
ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS WMS. ST HAVE THE FOLLOWING COMMUNICATED	N. 1E AND DATED SIGNATURE OF A CO. MUNICATED TO IN THE DEVELO	LL RELEVANT PERSONNEL WHO HAVE BE PMENT AND APPROVAL OF THIS SWMS	EEN CONSULTED AND
Safety meetings or toolbox talks will be sched ed in accordance with egislative requirements to first identify any site hazards, conditions unical those hazards and then to further take steps to either the conditions of the conditions are or conditions.	NAME	SIGNATURE	DATE
If an incident or a near miss occurs, all work must standardly. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity.			
Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel.			
The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident.			



		CLI	ENT OR PRINCIPAL	CONTRACTOR D	ETAILS			
Client:						SCOPE OF WORKS		
Project Name:					Provide a detailed description of the specific work being carried out (otherwise			
Project Address:					known as cope of works).			
Project Manager:								
Contact Phone:								
Project Manager Sig	nature:							
Date SWMS supplie	d to Project Manager:							
		ANY HIGH-	RISK CON PUCT	N' JRK BEING	CARRIED OUT			
☐ involves a risk of a pe				is carried out on	or near pressurised gas mains	s or piping.		
☐ involves a risk of a person falling more than 2 meters. ☐ is carried out on a telecommunication tower.				is carried out on	or near chemical, fuel or refrig	erant lines.		
☐ involves demolition o	f an element of a structure	that is load-be n.		is carried out on or near energised electrical installations or services.				
☐ involves demolition o	f an element related to the	physical integrit of a str	3.	is carried out in an area that may have a contaminated or flammable atmosphere.				
☐ involves, or is likely to	o involve, disturbing a	tos.		☐ involves tilt-up or	r precast concrete.			
involves structural alt	eration or repair that re	upp to p	prevent collapse.	is carried out on,	, in or adjacent to a road, railwa	ay, shipping lane or other to	raffic corridor.	
is carried out in or ne	ar a confined space.			is carried out in a	an area of a workplace where t	here is any movement of p	owered mobile plant.	
is carried out in/near	a shaft or trench deeper th	nan 1.5m or tunnel involvin	g use of explosives.	is carried out in a	areas with artificial extremes of	temperature.		
is carried out in or ne	ar water or other liquid tha	t involves a risk of drowning	ng.	☐ involves diving w	vork.			
		ANY HI	IGH-RISK MACHINER	RY OR EQUIPMEN	IT NEARBY			
Forklift	☐ Crane/s	☐ Hoist/s	☐ Excavator	☐ Backhoe/Loader	☐ Boom Lift	☐ EWP	☐ Genie Lift	
☐ Trencher	☐ Drilling Rig	☐ Trucks	Formwork	☐ Bobcat	☐ Flammable Gas	☐ Fuel	☐ Dozer	
☐ High Voltage	☐ Mulcher	☐ Tilt-up Panels	Roller	☐ Scissor Lift	☐ Tractor	Other -		





PERL NAL TECTIVE EQUIPMENT (PPE)

FOOT PROTECTION	HAND PROTECTION	HEAD PROTECTION	HEARING PPOTECTION	PROTE	SPIRATORY P STECTION	FACE PROTECTION	HIGH-VIS CLOTHING	PROTECTIVE CLOTHING	FALL PROTECTION	SUN PROTECTION	HAIR/JEWELLERY SECURED
			A								

Select me appropriate PPE above suitable for the equipment used or the job task being performed (if applicable).

Note: A SWMS must be reviewed regularly to make sure it remains effective. A SWMS must be reviewed (and revised if necessary) if relevant control measures are revised. The review process should be carried out in consultation with workers (including contractors and subcontractors) who may be affected by the operation of the SWMS and their health and safety representatives who represented that work group at the workplace.

When a SWMS has been revised, the person conducting a business or undertaking must ensure all:

- 1. persons involved in the work are advised that a revision has been made and how they can access the revised SWMS;
- 2. persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS: and.
- 3. workers that will be involved in the work are provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR	RESPONSIBLE PERSON
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
1. Preparation	Collision with other vehicles, Falls from heights	3H	 Ensure all personnel involved in the loading and unloading process are trained in proper procedures and relevant workplace health are safety regulations. Implement a traffic management plan that clearly delineates designated loading and unloading zones, pathways for vehicle to wement, and vehicle exclusion zones to minimise risks of collision with other vehicle to or obstrates. Use high-visibility vests, signs, and barricade to arm others of ongoing loading and unloading activities, and to control access to be work area. Ensure the loading and unloading zone is well-life to from your obstructions and debris; if needed, use to otten to assist drivers in satisfactions. Regularly manual and in sect troops, trailers and other equipment used in the loading process to ensure any are in hod or wing order and meet regulatory requirements. Device and error estandardised operating procedures (SOPs) for workers to follow unto the treational following process, which should include load stabilization, secures and in any points when working at heights during loading and unloading process. Train them on correct usage and perform regular inspections of the quipme. The mechanical lifting aids such as forklifts, pallet jacks, and cranes where possible to minimise manual handling risks and reduce the need for workers to climb anto truck beds. Implement clear communication protocols between drivers, loaders, and spotters through the use of radios, hand signals, or other agreed-upon methods, to ensure coordination and prevent accidents. Establish emergency response plans, including first aid supplies and training, as well as evacuation plans for workers in case of an incident involving a vehicle collision or a fall from height. Perform ongoing risk assessments and audits, adjusting safety measures as needed to adapt to changing conditions and ensure continuous improvement in truck loading and load restraint safety. 	2M	
2. Inspecting truck	Crushing or pinching injuries, Slips, trips and falls	2M	 Conduct pre-operational inspections: Ensure the truck is adequately inspected for any mechanical issues, tyre pressure, and fluid levels before loading to minimise the risk of accidents during the loading process. Selection of appropriate Personal Protective Equipment (PPE): Workers should wear safety footwear, high-visibility clothing, and gloves to reduce the risk of slips, trips, and falls, as well as crushing or pinching injuries. 	1L	



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			Designated walkways and traffic zones: Clearly mark and maintain designated pedestrian walkways and vehicle traffic areas around the loading bay to keep workers safe from potential collisions with trucks and ther equipment.		
			- Proper training and communication: Ensure the all staff involved in the loading process have received adequate training and aware of the risks, hazards, and best practices to avoid injuries while perform a the task		
			- Maintain clean and organised loading area: Record area clean by removing any debris or obstacles that could be trip hazards or neede movement during the loading process.		
			- Use appropriate expression: Enter that all equipments used for loading, such as pallet jacks or because in general working order and properly maintained to prevent breath was or maintained to prevent breath was or maintained.		
			- Proportioad parements occurrely place and son the truck to distribute weight even and previously and during transit, minimising the risk of falling and causing injury.		
			- Imple en spotter stem: Utilise a spotter to aid truck drivers when parking, aligning heir hicles, densuring clearance between the truck being loaded and diacent reas.		
	7		- Locan unload during the daylight hours: Wherever possible, schedule loading nd units by gasks during daylight hours, when visibility is better and the likelihood slips, trips, and falls is reduced.		
			- Unise safety devices and warning signs: Use safety barriers, cones, and caution ape to clearly identify work zones and hazardous areas, helping to prevent incidents stemming from human error.		
			- Ensure regular safety briefings and drills: Conduct regular team safety meetings to discuss workplace risks, share strategies for mitigating those hazards, and ensure all workers are aware of emergency procedures in case of an incident.		
			- Establish a protocol for reporting and responding to incidents: Create a clear process for staff to report hazards and accidents in the loading area, with swift follow-up action taken to remediate issues as soon as they arise.		
			By implementing these control measures, warehouse managers can help to mitigate the risks associated with inspecting trucks and make the loading process safer and more efficient for all involved.		
Loading equipment	Struck by moving equipment,	4A	- Proper Training: Ensure that all workers involved in the loading and unloading process have received adequate training on how to operate the equipment safely and are aware of the potential hazards associated with their tasks.	2M	
	Overexertion injuries		- Pre-Shift Inspection: Conduct necessary inspections of the equipment prior to each shift, including checking for any signs of wear, damage, or malfunction that may pose a safety risk during operation.		



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			- Maintain Clear Communication: Implement clear communication channels between workers handling the loading equipment, truck drivers, and spotters to ensure everyone is on the same page and alert in case of partial hazards.		
			- Designated Loading Zones: Establish and clean mark designated loading and unloading zones within the worksite to prevale pedestrian access and minimise the risk of accidents involving moving equipment		
			- Use Correct Lifting Techniques: Utilise proper to dechniques, such as lifting with the legs and avoiding twisting motions to reduce a risk of over lertion injuries among workers handling hear loads.		
			- Implement Safe W Develop and imported safety procedures and protocols for harming and curin bads, including requirements for securing equipment are verifying log limits to pre-core ancing with the loading process.		
			- Regular Equipment Main mance: Ensurancely and routine maintenance of the loading uipment of confly prolong its life but also to provide safer use.		
			- Pers an otectic Equipment (PPE): Provide appropriate PPE for all workers involve in a loading rocess, including high-visibility clothing, gloves, and steel-toed boos, to inimise the risk of injury from struck-by incidents and overexertion.		
			ad Diributic and Stacking: Educate workers on proper and safe stacking methods, hich include ensuring proper distribution of weight and using suitable estrain. Lices to prevent shifting and falling of loads.		
			nergency Stop Procedures: Establish emergency stop procedures in the case of an acident involving moving equipment and ensure these procedures are clearly communicated to all workers involved in the loading process. Train the workers to recognise potential risks and react accordingly in an emergency situation.		
4. Securing the load	Falls from height, Manual handling injuries	3H		1L	



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SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
5. Testing restraints	Falling objects or equipment, Entanglement hazards	2M		1L	



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6. Final inspection	Crushing or pinching injuries, Tripping hazards	ЗН		1L	



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7. Adjusting load distribution	Overexertion injuries, Falling objects	4A		2M	



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8. Sign-off and documentation	Miscommunication, Incomplete records	2M		1L	



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9. Transporting the load	Traffic accidents, Rollover incidents	3H		2M	



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10. Arrival at destination	Risks at unloading the Colleges driving behaviour	IA		ЗН	



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11. Unloading cargo	Falls from height, Strück by falling can o	ЗН		2M	



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12. Inspecting and servicing restraints	Entanglement haze ds, Contact the dangerous materia.	2M		1L	



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SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
	5				



EMERGENCY RESPONSE – CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE OF AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

Legislation QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/work-health-and-safety-laws

Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2017

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislati

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis > odes-or racti

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 201

Legislation NT: https://worksafe.nt.gov.au/laws-and-compliance/wo_place-

Codes of Practice NT: https://worksafe.nt.gov.au/5

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/legislation

Codes of Practice for SA: https://www.safework.sa.gov.au/wor aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Occupational Health al. Safety Act

Occupational Health and affety gulations 2017

Legis on VIC: https://www.xsafe.vic.gov.au/occupational-health-and-safety-act-and-

<u>qulat.</u>

des on actice VI autros://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation

Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work



SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

Worker Name	Pos	sition	Signature	Date	Time	Supe	ervisor
				Date:			
				Date			
				L te:			
			AV	Date:			
				Date:			
				Date:			
				Date:			
		SAF WC A	STATEMENT	MONITORING AND R	EVIEW		
The SWMS must be reviewed regularly to rake sure it remains effective and must be reviewed (and revised if necessary) if relevant control measurements are subcontracted by the operation of the SWMS and their health and safety representatives who redesented that work group at the workplace. When the SWMS has been revised the PCBU must ensure that all persons involved with the work are advised that a revision has been made and how they can access the revised SWMS, including all persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS. All workers that will be involved in the work must be provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.			The SWMS must be monitored regularly for the effectiveness of ensuring hazard controls are effective in reducing the risk of incidents, keeping the workplace safe for all personnel. The person responsible for monitoring the effectiveness of the Safe Work Method Statement should employ a multi-faceted approach which includes but is not limited to: 1. Spot Checks. 2. Consultation with workers, contractors and sub-contractors. 3. Internal audits on a continual basis. An approach of continuous improvement, promptly recording inconsistencies or deficiencies, followed up by immediate corrective action and consultation with all relevant personnel ensures that the PCBU is consistently developing ever-improving systems of safe work principles.				
REVIEW NUMBER	□ 1	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7
NAME							
INITIALS							
DATE							



SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

ITEMS WHICH MUST BE INCLUDED IN THE SWMS	COMPLETED	TO BE DONE	COMMENTS
The company details have been entered, including the project name and address.			
Names and signatures of all relevant personnel consulted during the development of the SWMS.		P P	
Name, signature, position and date signed of the person approving the SWMS.			
Specific personnel and qualifications, experience is noted in the SWMS.	P		
Provides a step-by-step process of tasks required to carry out the activity or task.			
Adequate risk assessment of any identified hazards has been completed.			
Foreseeable hazards are identified and documented for each step.			
Any hazards listed in any site risk assessments have been added to the SWh			
SWMS initial risk (IR) column as well as residual risk (RR) columns completed.			
Check control measures added to the SWMS are the most effecting so tions.			
Responsible person is assigned and listed on the SWMS for the imperent of continue assures.			
Permit requirements specified, such as Hot Work, Veralt Heights etc.			
SWMS identifies plant and equipment to be u d.			
Details of inspection checks required for any equipment listed are noted on the SWMS.			
Describes any mandatory qualifications, experience raining skills required to perform the work.			
Applicable personal protective equipment is selected on the SWMS.			
Lists any required permits or licenses.			
Reflects and documents any legislative references and/or Australian Standards.			
dentifies any hazardous substances used with specific control measures in line with any SDS.			
REVIEWED BY	DATE R	EVIEWED	
SIGNATURE	DATE CO	MPLETED	