

Sewing Machine	SAFE WORK METHOD ST	ATEMENT (SWMS)	
TA	ASK OR ACTIVITY: Sewing Mach	ine	
Business Name: [Company Name]		ABN: [ABN]	SWMS#
Business Address: [Company Address]			
Contact Person:	Phone: [Phone]	E fil:	
THIS SAFE WORK METHOD	STATEMENT IS APPROVED BY	THE POST THE PROJECT	
Under the Work Health and Safety Regulation (WHS Regulation), a person conductor the proposed work starts.	cting a business or undertaking (N 3U) is	required to ture at a safe work method s	tatement (SWMS) is prepared before
Full Name:			
Signature:		Title:	Date:
Details of the person(s) responsible for ensuring implementation, monitoring	compliance of the SWMS well as review	s and modifications of the SWMS.	
Full Name:		Title:	Phone:
ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS WMS. ST HAVE THE FOLLOWING COMMUNICATED	N. 1E AND DATED SIGNATURE OF A CO. MUNICATED TO IN THE DEVELO	LL RELEVANT PERSONNEL WHO HAVE B PMENT AND APPROVAL OF THIS SWMS	EEN CONSULTED AND
Safety meetings or toolbox talks will be scheded in accordance with agislative requirements to first identify any site hazards, conditions unical those hazards and then to further take steps to either the conditions of the condi	NAME	SIGNATURE	DATE
If an incident or a near miss occurs, all work must structurately. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity.			
Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel.			
The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident.			



		CLI	ENT OR PRINCIPAL	CONTRACTOR D	ETAILS			
Client:						SCOPE OF WORKS		
Project Name:					Provide a detailed description of the specific work being carried out (otherwise known as cope of works).			
Project Address:								
Project Manager:								
Contact Phone:								
Project Manager Sig	nature:							
Date SWMS supplie	d to Project Manager:							
		ANY HIGH-	RISK CON PUCT	N' JRK BEING	CARRIED OUT			
☐ involves a risk of a pe	erson falling more than 2 m	neters.		is carried out on or near pressurised gas mains or piping.				
is carried out on a tel	ecommunication tower.	`	$H \cap H$	is carried out on or near chemical, fuel or refrigerant lines.				
☐ involves demolition o	f an element of a structure	that is load-be n.		is carried out on or near energised electrical installations or services.				
☐ involves demolition o	f an element related to the	physical integrit of a str	3.	is carried out in an area that may have a contaminated or flammable atmosphere.				
☐ involves, or is likely to	o involve, disturbing a	tos.		involves tilt-up or precast concrete.				
involves structural alt	eration or repair that re	upp to p	prevent collapse.	is carried out on,	, in or adjacent to a road, railwa	ay, shipping lane or other to	raffic corridor.	
is carried out in or ne	ar a confined space.			is carried out in an area of a workplace where there is any movement of powered mobile plant.				
is carried out in/near	a shaft or trench deeper th	nan 1.5m or tunnel involvin	g use of explosives.	is carried out in a	areas with artificial extremes of	temperature.		
is carried out in or ne	ar water or other liquid tha	t involves a risk of drowning	ng.	☐ involves diving w	vork.			
		ANY HI	IGH-RISK MACHINER	RY OR EQUIPMEN	IT NEARBY			
Forklift	☐ Crane/s	☐ Hoist/s	☐ Excavator	☐ Backhoe/Loader	☐ Boom Lift	☐ EWP	☐ Genie Lift	
☐ Trencher	☐ Drilling Rig	☐ Trucks	Formwork	☐ Bobcat	☐ Flammable Gas	☐ Fuel	☐ Dozer	
☐ High Voltage	☐ Mulcher	☐ Tilt-up Panels	Roller	☐ Scissor Lift	☐ Tractor	Other -		





PERL NAL TECTIVE EQUIPMENT (PPE)

FOOT PROTECTION	HAND PROTECTION	HEAD PROTECTION	HEARING PPOTECTION	PROTE	SPIRATORY P STECTION	FACE PROTECTION	HIGH-VIS CLOTHING	PROTECTIVE CLOTHING	FALL PROTECTION	SUN PROTECTION	HAIR/JEWELLERY SECURED
			A								

Select me appropriate PPE above suitable for the equipment used or the job task being performed (if applicable).

Note: A SWMS must be reviewed regularly to make sure it remains effective. A SWMS must be reviewed (and revised if necessary) if relevant control measures are revised. The review process should be carried out in consultation with workers (including contractors and subcontractors) who may be affected by the operation of the SWMS and their health and safety representatives who represented that work group at the workplace.

When a SWMS has been revised, the person conducting a business or undertaking must ensure all:

- 1. persons involved in the work are advised that a revision has been made and how they can access the revised SWMS;
- 2. persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS: and.
- 3. workers that will be involved in the work are provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR	RESPONSIBLE PERSON
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
1. Preparation	Electric shock, Slip/trip hazards	ЗН	- Providing training and information: Ensure that all employees are adequately trained on the proper use of sewing machines, electrol safety procedures, and other relevant workplace health and safety protocol. - Regularly inspecting equipment: Conducto equent inspections of all electrical equipment and sewing machines to ensure a rear provincts or malfunctions that could pose a risk of an electric shock. - Installing residual current devices (RCDs): Use CDs to provious additional protection against electrical high ards, particularly highest was a water is present. - Ensuring proper programmation ance: Regularly including and service sewing machines, follows a manual turery didelines, to prevent any wear and tear that may lead to accidence. - Mainthining to luttered parkspaces: confloors and work surfaces clean and free from the is, manuals and cords to minimise the risk of slips and trips. - Secturing proper materials and potential electric shock risks. - Emploing a reality floor mats: Install anti-slip floor mats in areas where slippery straces and beautiful anti-slip floor mats in areas where slippery straces and potential electric shock risks. - Emploing a reality floor mats: Install anti-slip floor mats in areas where slippery straces and beautiful anti-slip floor mats in areas where slippery straces and potential electric shock risks. - In oper ergonomic setup: Set up workstations ergonomically, making sure to adjust chairs and tables to the correct height to eliminate strain-related injuries. - Adequate lighting: Maintain good lighting conditions in the workspace to ensure that workers can clearly see hazards and navigate their environment without difficulty. - Timely clear-up of spills: Immediately address any spills or damp patches on the floor that may cause slips through timely clean-up and by placing warning signs in the affected area. - Accessible emergency equipment: Make sure that first aid kits and emergency stop buttons are easily accessible in case of an incident. - Ensuring proper	2M	
2. Machine setup	Pinch points, Repetitive strain injuries	2M	- Conduct a thorough risk assessment before beginning any work involving the sewing machine to identify potential hazards, such as pinch points and repetitive strain injuries.	1L	



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			- Ensure that all sewing machine operators have undergone proper training for machine setup, usage, and ergonomic techniques to prevent repetitive strain and other injuries.		
			- Regularly maintain and inspect sewing machine to ensure they are in good working condition and any issues are addressed promptly to minimise risk.		
			- Encourage regular stretching and movement reaks a machine operators to prevent repetitive strain injury and encourage a model circulation.		
			- Implement an ergonomic was station setup, including adjustive chairs and tables that can be tailored to each included to each included to produce the posture and reduce strain on the body.		
			- Use approprious personal protection equipment PE), such as gloves or finger guards, to plot of thands from pinch protects within the sewing machine.		
			- Kee charea a carthe sewing machine clear and organised to minimise the risk of triple ignormal falling, and reduce clutter that may cause additional hazards during machinese.		
			Utilise echa al aids, such as trolleys or carts, for moving heavy items during hine etup to duce manual handling risks.		
	1		Estate the mergency procedures for dealing with accidents or incidents involving wing machines and ensure all staff undergoes training in these procedures.		
			- continuously evaluate and review control measures to ensure their effectiveness and implement improvements when necessary.		
	5		- Foster a culture of safety in the workplace by encouraging open discussions about potential hazards, incidents, and effective control measures.		
			- Post clear signage near sewing machines, detailing potential hazards, proper setup procedures, and reminding workers to follow safety precautions. This will serve as a visual reminder for machine operators to stay vigilant and prioritise safety during their shift.		
			- Proper Lighting: Ensure that the sewing area is well-lit to prevent eye strain and enhance visibility while loading threads.		
			- Use of magnifying tools: Provide workers with appropriate magnifying tools like magnifying glasses or lamps to reduce eye strain during thread loading.		
3. Thread loading	Eye strain, Sharp needle injuries	2M	- Regular breaks: Encourage workers to take regular breaks to rest their eyes and minimise the risk of eye strain.	1L	
			- Safety training: Train all workers on the correct methods for handling sewing needles, as well as the hazards associated with sharp objects.		
			- Appropriate needle size: Choose the right needle size for the specific task, as smaller needles may be more challenging to thread and increase the chance of injuries.		

Review Date:



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			- Needle threading aids: Encourage workers to use needle-threading devices or machines to eliminate direct contact with the needle's sharp point.		
			- Personal Protective Equipment (PPE): Provide of the state of the sta		
			- Well-maintained equipment: Ensure that a ring machine and needles are properly cleaned and maintained regularly to event ects or dullness that could cause injuries.		
			- Safe disposal of needles: Coose of used need in a pure re-proof container to prevent accidental injuries.		
			- Ergonomic seture the spring area ergonomically, so workers can perform tasks comfortal without spring area ergonomically, so workers can perform tasks comfortal without spring area ergonomically, so workers can perform		
			- Emergency wash star in: Have a start ash station readily available in case of stray and or ver for an object enter the worker's eye, leading to irritation or injury		
			- Incide the orting: colement a clear system for reporting incidents and near misses, volver sharp reedles and encourage workers to report any injuries immediately.		
	1		- Revitar azard assessment: Conduct regular assessments of work processes and sewing as to identify and address potential hazards related to thread loading and wing as afties. This helps to continually improve safety measures and minimise to risk of injuries.		
	5				
4. Start sewing	Finger punctures, Entanglement	3H		2M	



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5. Sewing process	Repetitive motions, Excess noise	3H		1L	



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6. Garment adjustments	Pinching fingers on pressure foot, Fire hazard due to fabric friction	2M		1L	



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7. Quality control	Inadequate lighting, Ergonomic issues	2M		1L	



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8. Troubleshoot issues	Electric shock, Unintentional machine operation	3H		2M	



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9. Thread changing	Entanglement, Sharp needle injuries	2M		1L	



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10. Cleaning & maintenance	Chemical exposure, Cuts from sharp objects	31		1L	



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11. Breaks & pauses	Poor posture, Poor adjusted seating	2M		1L	



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12. Shut down process	Failure to disconnect power, Injury from moving parts	ЗН		1L	



EMERGENCY RESPONSE – CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE OF AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

Legislation QLD: https://www.worksafe.gld.gov.au/laws-and-compliance/work-health-and-safety-laws

Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2017

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislati

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis > odes-or racti

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 201

Legislation NT: https://worksafe.nt.gov.au/laws-and-compliance/wo_place-

Codes of Practice NT: https://worksafe.nt.gov.au/5

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/legislation

Codes of Practice for SA: https://www.safework.sa.gov.au/work_aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Occupational Health al. Safety Act

Occupational Health and afety gulations 2017

Legis on VIC: https://www.safe.vic.gov.au/occupational-health-and-safety-act-and-

<u>Julai.</u>

des of actice VIC attps://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation

Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work



SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

Worker Name	Pos	sition	Signature	Date	Time	Sup	pervisor	
				Date:				
			Date:					
			Date:					
				Date:				
	Date:							
		SAF WC A	STATEMENT	MONITORING AND	REVIEW			
The SWMS must be reviewed regularly to refixe sure it remains effective and must be reviewed (and revised if necessary) if relevant control measure are a constructively process should be carried out in consultation with workers (including contractors and subcontract is) who may be affected by the operation of the SWMS and their health and safety representatives who reduces essented that work group at the workplace. When the SWMS has been revised the PCBU must ensure that all persons involved with the work are advised that a revision has been made and how they can access the revised SWMS, including all persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS. All workers that will be involved in the work must be provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.				The SWMS must be monitored regularly for the effectiveness of ensuring hazard controls are effective in reducing the risk of incidents, keeping the workplace safe for all personnel. The person responsible for monitoring the effectiveness of the Safe Work Method Statement should employ a multi-faceted approach which includes but is not limited to: 1. Spot Checks. 2. Consultation with workers, contractors and sub-contractors. 3. Internal audits on a continual basis. An approach of continuous improvement, promptly recording inconsistencies or deficiencies, followed up by immediate corrective action and consultation with all relevant personnel ensures that the PCBU is consistently developing ever-improving systems of safe work principles.				
REVIEW NUMBER	<u> </u>	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7	
NAME								
INITIALS								
DATE								



SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

ITEMS WHICH MUST BE INCLUDED IN THE SWMS	COMPLETED	TO BE DONE	COMMENTS
The company details have been entered, including the project name and address.			
Names and signatures of all relevant personnel consulted during the development of the SWMS.		P P	
Name, signature, position and date signed of the person approving the SWMS.			
Specific personnel and qualifications, experience is noted in the SWMS.	P		
Provides a step-by-step process of tasks required to carry out the activity or task.			
Adequate risk assessment of any identified hazards has been completed.			
Foreseeable hazards are identified and documented for each step.			
Any hazards listed in any site risk assessments have been added to the SWh			
SWMS initial risk (IR) column as well as residual risk (RR) columns completed.			
Check control measures added to the SWMS are the most effecting so tions.			
Responsible person is assigned and listed on the SWMS for the imperent of continue assures.			
Permit requirements specified, such as Hot Work, Veralt Heights etc.			
SWMS identifies plant and equipment to be u d.			
Details of inspection checks required for any equipment listed are noted on the SWMS.			
Describes any mandatory qualifications, experience raining skills required to perform the work.			
Applicable personal protective equipment is selected on the SWMS.			
Lists any required permits or licenses.			
Reflects and documents any legislative references and/or Australian Standards.			
dentifies any hazardous substances used with specific control measures in line with any SDS.			
REVIEWED BY	DATE R	EVIEWED	
SIGNATURE	DATE CO	MPLETED	