

Safety Harnesses	SAFE WORK METHOD ST	ATEMENT (SWMS)	
TA	SK OR ACTIVITY: Safety Harnes	ses	
Business Name: [Company Name]		ABN: [ABN]	SWMS#
Business Address: [Company Address]			
Contact Person:	Phone: [Phone]	E 111:	
THIS SAFE WORK METHOD	STATEMENT IS APPROVED BY	THE P. OF THE PROJECT	
Under the Work Health and Safety Regulation (WHS Regulation), a person conductor the proposed work starts.	cting a business or undertaking (N 3U) is	required to ture at a safe work method s	statement (SWMS) is prepared before
Full Name:			
Signature:		Title:	Date:
Details of the person(s) responsible for ensuring implementation, monitoring	compliance of the SWMS well as review	s and modifications of the SWMS.	
Full Name:		Title:	Phone:
ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS VMS. ST HAVE THE FOLLOWING COMMUNICATED	N. 1E AND DATED SIGNATURE OF A CO. MUNICATED TO IN THE DEVELO	LL RELEVANT PERSONNEL WHO HAVE B PMENT AND APPROVAL OF THIS SWMS	EEN CONSULTED AND
Safety meetings or toolbox talks will be sched ed in accordance with egislative requirements to first identify any site hazards, conditions unical those hazards and then to further take steps to either the conditions of the cond	NAME	SIGNATURE	DATE
If an incident or a near miss occurs, all work must structurately. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity.			
Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel.			
The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident.			



		CLI	ENT OR PRINCIPAL	CONTRACTOR D	ETAILS				
Client:						SCOPE OF WORKS			
Project Name:					Provide a detailed description	n of the specific work being	carried out (otherwise		
Project Address:					known as cope of works).				
Project Manager:									
Contact Phone:									
Project Manager Sig	nature:								
Date SWMS supplie	d to Project Manager:								
		ANY HIGH-	RISK CON PUCT	N' JRK BEING	CARRIED OUT				
☐ involves a risk of a pe	erson falling more than 2 m	neters.		is carried out on	or near pressurised gas mains	s or piping.			
is carried out on a tel	ecommunication tower.	`	$H \cap H$	is carried out on or near chemical, fuel or refrigerant lines.					
☐ involves demolition o	f an element of a structure	that is load-be n.		is carried out on or near energised electrical installations or services.					
☐ involves demolition o	f an element related to the	physical integrit of a str	3.	is carried out in an area that may have a contaminated or flammable atmosphere.					
☐ involves, or is likely to	o involve, disturbing a	tos.		involves tilt-up or precast concrete.					
involves structural alt	eration or repair that re	upp to p	prevent collapse.	is carried out on,	, in or adjacent to a road, railwa	ay, shipping lane or other to	raffic corridor.		
is carried out in or ne	ar a confined space.			is carried out in a	an area of a workplace where t	here is any movement of p	owered mobile plant.		
is carried out in/near	a shaft or trench deeper th	nan 1.5m or tunnel involvin	g use of explosives.	is carried out in a	areas with artificial extremes of	temperature.			
is carried out in or ne	ar water or other liquid tha	t involves a risk of drowning	ng.	☐ involves diving w	vork.				
		ANY HI	IGH-RISK MACHINER	RY OR EQUIPMEN	IT NEARBY				
Forklift	☐ Crane/s	☐ Hoist/s	☐ Excavator	☐ Backhoe/Loader	☐ Boom Lift	☐ EWP	☐ Genie Lift		
☐ Trencher	☐ Drilling Rig	☐ Trucks	Formwork	☐ Bobcat	☐ Flammable Gas	☐ Fuel	☐ Dozer		
☐ High Voltage	☐ Mulcher	☐ Tilt-up Panels	Roller	☐ Scissor Lift	☐ Tractor	Other -			





PERL NAL TECTIVE EQUIPMENT (PPE)

FOOT PROTECTION	HAND PROTECTION	HEAD PROTECTION	HEARING PPOTECTION	PROTE	SPIRATORY P STECTION	FACE PROTECTION	HIGH-VIS CLOTHING	PROTECTIVE CLOTHING	FALL PROTECTION	SUN PROTECTION	HAIR/JEWELLERY SECURED
			A								

Select me appropriate PPE above suitable for the equipment used or the job task being performed (if applicable).

Note: A SWMS must be reviewed regularly to make sure it remains effective. A SWMS must be reviewed (and revised if necessary) if relevant control measures are revised. The review process should be carried out in consultation with workers (including contractors and subcontractors) who may be affected by the operation of the SWMS and their health and safety representatives who represented that work group at the workplace.

When a SWMS has been revised, the person conducting a business or undertaking must ensure all:

- 1. persons involved in the work are advised that a revision has been made and how they can access the revised SWMS;
- 2. persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS: and.
- 3. workers that will be involved in the work are provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR	RESPONSIBLE PERSON
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
1. Preparation	Tripping, Falling from height	3H	 Implement a site-specific risk assessment to identify potential hazards and determine the appropriate type of safety harness neroled for specific tasks. Provide workers with comprehensive training of the proper usage, inspection, storage, and maintenance of safety harness and related components. Establish designated walkways in work area, keep to them free from obstructions, and enforce proper housekeeping practices to account tripping hazards. Use caution tape, barricade for signage to delife the any docoffs, holes, or other open-sided walking/post-works surfaces that present for azzards. Conduct routine of the life actions of safety harnesses and components before each use of ensure by area good working condition, and follow through with the imminity are replace and of an alarm of items. Ensuresecure anchor units are provided within safe reach of workers using harne or and through suitable anchorage points are used. Execute purple but a system protocols, assigning an observer to monitor workers utilising a same charnes oduring elevated tasks, dedicated to assisting them in case of emers incies in non-compliance with procedures. Execute use of appropriate atmospheric testing, fall protection, edge protection, and to the regular reviews and updates to the SWMS as work conditions change, entering ongoing relevance and compliance with Australian workplace health and safety standards. Encourage workers to report near misses, hazards, or concerns about safety harness systems to supervisors or safety personnel promptly. Develop emergency response plans specific to incidents involving safety harnesses, such as falls or equipment failures, and provide ongoing training and practice drills so that all workers are prepared to respond effectively. 	2M	
2. Harness selection	Incorrect size, Damaged equipment	3Н	 Proper Training: Ensure all workers who will be using safety harnesses receive comprehensive training on how to select the correct size and identify damaged equipment. Pre-use Inspection: Require workers to perform a thorough inspection of the harness before use, checking for any signs of wear, damage, or defects. Sizing Guidelines: Provide clear sizing guidelines for harness selection, including measurements for chest, waist, and thigh areas. Manufacturer's Instructions: Encourage workers to consult the manufacturer's instructions regarding proper harness sizing, selection, and care. Equipment Maintenance: Develop a regular maintenance schedule for harnesses with periodic inspections, cleaning, and replacement when necessary. 	1L	



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			- Fit Testing: Implement mandatory fit testing for harness selection, ensuring the correct size is chosen for each worker.			
			- Quick Reference Guide: Create a quick reference ande for harness inspection, outlining key areas to check for potential hazar			
			- Visual Aids: Post visual aids in storage air s, demonstrang the correct inspection and sizing techniques for harness selection.			
			- Adequate Stock: Maintain adequate stock leve of different harness sizes to ensure workers have access the proper size with needed			
			- Incident Reporting: Establish a rocess for reporting pents related to incorrect sizing or damage of the stable stable stable sizing for continuous improvements to safety measures.			
			- Consultation, ith Supplies. Collaboration PPE suppliers to ensure that the proving charnes as more workplace standards and are suitable for the tasks being performance.			
			- Emel and Proced as: Develop clear emergency procedures for situations where a worker might need support due to failure or ineffectiveness of a harness, such as alling for assistance of activating fall protection systems.			
			- It works to be a communication among management and works that the effectiveness and issues related to safety harnesses, promoting a liture in which safety concerns can be addressed promptly and efficiently.			
				Conduct regular visual inspections of all safety harnesses and their components, focusing on signs of wear and tear, fraying, or any other damage that might affect the equipment's integrity.		
					 Implement a scheduled maintenance programme for all safety harnesses at the worksite, with a logbook to record servicing and repairs carried out by qualified personnel. 	
Inspection and maintenance	Undetected damage, Defective equipment	2M	- Establish a system for workers to report any defects or damage they identify in their issued harnesses immediately to their supervisors for immediate removal from use and replacement.	1L		
maintenance	ечиртен		- Store safety harnesses in a designated area when not in use, ensuring they are hung up properly and not exposed to direct sunlight, chemicals, or excessive moisture, which could cause gradual deterioration.			
			- Provide comprehensive training for workers on the correct usage, fitting, and inspection of safety harnesses, including how to identify potential hazards and report concerns.			
			- Regularly review manufacturers' guidelines and recommendations for proper care and maintenance of safety harnesses, ensuring both managers and workers remain knowledgeable on the latest best practices.			



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			- If using fall arrest systems, conduct periodic drop tests to ensure equipment is functioning correctly and can safely withstand the forces generated during a fall.		
			- Clearly mark any safety harnesses that have been avolved in a significant fall as no longer safe for use and remove them from a plation immediately.		
			- Ensure all safety harnesses have a visible, bel indicative key information such as the date of manufacture, model number, and pir serve life, to help track overall usability and lifespan.		
			- Keep abreast of industry up the and product readly, compared cating this information to team members and arranging for appared actions to be taken promptly and safely		
			- Perform routing addits of appears all protecting equipment (PPE) management system to compatible in the instruction adintenance, and replacement processes for bety harm ses in-line processes for bety harm ses		
4. Training and competency	Inadequate knowledge, Incorrect ur	4A		2M	



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5. Supervision	Lack of monitoring, Improper actions	ЗН		2M	



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5				
Inadequate strength, Compromised structure	3H		1L	
	Inadequate strength, Compromised	HAZARDS THAT MAY ARISE INITIAL RISK Inadequate strength, Compromised	HAZARDS THAT MAY ARISE INITIAL RISK SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	HAZARDS THAT MAY ARISE INITIAL RISK SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS RESIDUAL RISK RESIDUAL RISK RISK Inadequate strength, Compromised



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7. Connection to anchorage point	Defective connectors, Poor positioning	ЗН		1L	



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8. Climbing and working at height	Slips and falls, Struck by objects	4A		2M	



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9. Emergency procedures	Miscommunication, Delay in response	ЗН		2M	



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10. Working around electrical hazards	Electrocution, Electric burns	4A		1L	



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11. Dealing with adverse weather conditions	Slips and falls, Reduced visibility	3H		2M	



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12. Disconnecting and storing equipment	Dropping objects, Equipment damage	2M		1L	



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EMERGENCY RESPONSE – CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE OF AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

Legislation QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/work-health-and-safety-laws Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice

Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2017

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislati

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis > odes-or racti

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 201

Legislation NT: https://worksafe.nt.gov.au/laws-and-compliance/wo_place-syllaws

Codes of Practice NT: https://worksafe.nt.gov.au/f

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/legislation

Codes of Practice for SA: https://www.safework.sa.gov.au/work_aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Occupational Health al. Safety Act

Occupational Health and affety gulations 2017

Legis on VIC: https://www.xsafe.vic.gov.au/occupational-health-and-safety-act-and-

<u>qulat.</u>

des on actice VI autros://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation

Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work



SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

Worker Name	Pos	sition	Signature	Date	Time	Supe	ervisor
				Date:			
				Date			
				L te:			
				Date:			
				Date:			
				Date:			
				Date:			
		SAF WO A	STATEMENT	MONITORING AND R	EVIEW		
The SWMS must be reviewer revised if necessary) if relevar consultation with workers (incl of the SWMS and their health workplace. When the SWMS has been readvised that a revision has be who will need to change a wor a way that will enable them to will be involved in the work muthem to understand and imple	and safety representatives wised the PCBU must ensure made and how they car k procedure or system as implement their duties corust be provided with the rel	contract s) who may be as who re esented that wor esented that wor are that all persons involve in access the revised SWM aresult of the revised SWM as isstently with the revised S	should be carried out in ffected by the operation k group at the d with the work are S, including all persons divised of the changes in SWMS. All workers that	effective in reducing the person responsible for memploy a multi-faceted a 1. Spot Checks. 2. Consultation v. 3. Internal audits An approach of continuo followed up by immediate	nitored regularly for the exist of incidents, keeping the onitoring the effectiveness peroach which includes but with workers, contractors at on a continual basis. The improvement, promptly be corrective action and contently developing ever-improvement.	ne workplace safe for all of the Safe Work Method is not limited to: and sub-contractors. recording inconsistencies sultation with all relevan	personnel. The od Statement should statement should so or deficiencies, at personnel ensures
REVIEW NUMBER	<u> </u>	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7
NAME							
INITIALS							
DATE							



SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

ITEMS WHICH MUST BE INCLUDED IN THE SWMS	COMPLETED	TO BE DONE	COMMENTS
The company details have been entered, including the project name and address.			
Names and signatures of all relevant personnel consulted during the development of the SWMS.		P	
Name, signature, position and date signed of the person approving the SWMS.			
Specific personnel and qualifications, experience is noted in the SWMS.	P		
Provides a step-by-step process of tasks required to carry out the activity or task.			
Adequate risk assessment of any identified hazards has been completed.			
Foreseeable hazards are identified and documented for each step.			
Any hazards listed in any site risk assessments have been added to the SWI			
SWMS initial risk (IR) column as well as residual risk (RR) columns completed.			
Check control measures added to the SWMS are the most effecting secutions.			
Responsible person is assigned and listed on the SWMS for the imperent of contameasures.			
Permit requirements specified, such as Hot Work, Electrical Work, Vocat Heights etc.			
SWMS identifies plant and equipment to be u d.			
Details of inspection checks required for any equipment listed at noted on the SWMS.			
Describes any mandatory qualifications, experience reining skills required to perform the work.			
Applicable personal protective equipment is selected on the SWMS.			
Lists any required permits or licenses.			
Reflects and documents any legislative references and/or Australian Standards.			
Identifies any hazardous substances used with specific control measures in line with any SDS.			
REVIEWED BY	DATE R	EVIEWED	
SIGNATURE	DATE CO	MPLETED	