

Microscope SA	AFE WORK METHOD STAT	EMENT (SWMS)	
	TASK OR ACTIVITY: Microscope	•	
Business Name: [Company Name]		ABN: [ABN]	SWMS#
Business Address: [Company Address]			
Contact Person:	Phone: [Phone]	E fil:	
THIS SAFE WORK METHOD	STATEMENT IS APPROVED BY	THE POST THE PROJECT	
Under the Work Health and Safety Regulation (WHS Regulation), a person conduct the proposed work starts.	cting a business or undertaking (N 3U) is	required to ture at a safe work method s	tatement (SWMS) is prepared before
Full Name:			
Signature:		Title:	Date:
Details of the person(s) responsible for ensuring implementation, monitoring a	ompliance of the SWMS well as review	s and modifications of the SWMS.	
Full Name:		Title:	Phone:
ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS WMS. ST HAVE THE FOLLOWING COMMUNICATED	N. 1E AND DATED SIGNATURE OF A CO. MUNICATED TO IN THE DEVELO	LL RELEVANT PERSONNEL WHO HAVE BI PMENT AND APPROVAL OF THIS SWMS	EEN CONSULTED AND
Safety meetings or toolbox talks will be sched ed in accordance with egislative requirements to first identify any site hazards, conditions unical those hazards and then to further take steps to either the conditions of the conditions are or conditions.	NAME	SIGNATURE	DATE
If an incident or a near miss occurs, all work must steam ately. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity.			
Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel.			
The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident.			



		CLI	ENT OR PRINCIPAL	CONTRACTOR D	ETAILS				
Client:						SCOPE OF WORKS			
Project Name:					Provide a detailed description of the specific work being carried out (otherwise				
Project Address:					known as cope of works).				
Project Manager:									
Contact Phone:									
Project Manager Sig	nature:								
Date SWMS supplie	d to Project Manager:								
		ANY HIGH-	RISK CON PUCT	N' JRK BEING	CARRIED OUT				
☐ involves a risk of a pe	erson falling more than 2 m	neters.		is carried out on or near pressurised gas mains or piping.					
is carried out on a tel	ecommunication tower.	`	$H \cap H$	is carried out on	or near chemical, fuel or refrig	erant lines.			
☐ involves demolition o	f an element of a structure	that is load-be n.		is carried out on or near energised electrical installations or services.					
☐ involves demolition o	f an element related to the	physical integrit of a str	3.	is carried out in an area that may have a contaminated or flammable atmosphere.					
☐ involves, or is likely to	o involve, disturbing a	tos.		involves tilt-up or precast concrete.					
involves structural alt	eration or repair that re	upp to p	prevent collapse.	is carried out on, in or adjacent to a road, railway, shipping lane or other traffic corridor.					
is carried out in or ne	ar a confined space.			is carried out in a	an area of a workplace where t	here is any movement of p	owered mobile plant.		
is carried out in/near	a shaft or trench deeper th	nan 1.5m or tunnel involvin	g use of explosives.	is carried out in a	areas with artificial extremes of	temperature.			
is carried out in or ne	ar water or other liquid tha	t involves a risk of drowning	ng.	☐ involves diving w	vork.				
		ANY HI	IGH-RISK MACHINER	RY OR EQUIPMEN	IT NEARBY				
Forklift	☐ Crane/s	☐ Hoist/s	☐ Excavator	☐ Backhoe/Loader	☐ Boom Lift	☐ EWP	☐ Genie Lift		
☐ Trencher	☐ Drilling Rig	☐ Trucks	Formwork	☐ Bobcat	☐ Flammable Gas	☐ Fuel	☐ Dozer		
☐ High Voltage	☐ Mulcher	☐ Tilt-up Panels	Roller	☐ Scissor Lift	☐ Tractor	Other -			





PERL NAL TECTIVE EQUIPMENT (PPE)

FOOT PROTECTION	HAND PROTECTION	HEAD PROTECTION	HEARING PPOTECTION	PROTE	SPIRATORY P STECTION	FACE PROTECTION	HIGH-VIS CLOTHING	PROTECTIVE CLOTHING	FALL PROTECTION	SUN PROTECTION	HAIR/JEWELLERY SECURED
			A								

Select me appropriate PPE above suitable for the equipment used or the job task being performed (if applicable).

Note: A SWMS must be reviewed regularly to make sure it remains effective. A SWMS must be reviewed (and revised if necessary) if relevant control measures are revised. The review process should be carried out in consultation with workers (including contractors and subcontractors) who may be affected by the operation of the SWMS and their health and safety representatives who represented that work group at the workplace.

When a SWMS has been revised, the person conducting a business or undertaking must ensure all:

- 1. persons involved in the work are advised that a revision has been made and how they can access the revised SWMS;
- 2. persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS: and.
- 3. workers that will be involved in the work are provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR	RESPONSIBLE PERSON
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
1. Preparation	Incorrect setup, poor lighting	2M	 Provide clear, concise, and detailed manufacturer's instructions for the proper setup of the microscope. Ensure all workers have access to adequate to ring on the correct usage and setup procedures for the microscope. Conduct regular inspections of the microscope to ensure its components are in good working order and properly installed. Encourage open community on and reporting during issue out the microscope or the setup process. Designate a specie, we lit work rea for microscope usage, ensuring optimal conditions for parate vieting. Illuminate the work area out appropriet and ting that minimises glare and shad to while to promitting eye strain. Ensure officient maks are taken during extended periods of microscope usage to miniming the effects beye strain and poor posture. Implement a region of workstation setup in which the microscope is positioned an appropriate eight, minimising the need for excessive bending or stretching. Ensure microscope users follow protocols for wearing protective eyewear to nitigate or risk of eye injury. courage the use of adjustable chairs and sit-stand workstations to reduce fatigue and promote postural variation in microscope users. Keep workspace clean and free from clutter by regularly organising cords, accessories, and other equipment. Provide easily accessible information regarding the hazards associated with incorrect setup, including potential consequences and how these can be avoided. Foster a strong safety culture within the workplace, encouraging employees to adopt a proactive approach towards maintaining health and wellbeing during the use of microscopes. 	1L	
2. Sample Handling	Contamination, sample damage	2M	 Ensure proper training and understanding of sample handling procedures to minimise the risk of contamination or sample damage. Wear appropriate personal protective equipment (PPE), including gloves, lab coats, and safety goggles to protect both individuals and samples from contamination. Conduct regular cleaning and maintenance of the work area to keep it free of dust, debris, or other contaminants that may interfere with the samples. Utilise clean and properly sterilized equipment such as tweezers, slides, and cover slips when handling samples. Label each sample clearly and accurately to avoid confusion and potential cross-contamination during handling. 	1L	



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			 Develop and follow a consistent routine for handling and transferring samples to mitigate chances of unintentional contamination or damage. 		
			- Isolate and store different types of samples in well aganised containers or storage units, segregated according to specific factors on as chemical composition or sensitivity.		
		- Perform a thorough visual inspection before and after and ling any samples, ensuring no visible signs of contamination, craction other defects are present.			
			- In case of handling hazard samples, implem strict comment measures and protocols to avoid cross-comment and ensure the proper disposal of waste materials.		
			- Handle sens samples elicate refraining m touching them directly with hands, and to soft-bristle rushes other entle tools if needed.		
			- Limit the time implement exposed to invironmental factors - like air, dust or light - and receive or closed executive casings immediately after use.		
			- Ensura a nan woong environment by adhering to strict hygiene practices such as regularly hing do surfaces, washing hands between tasks, and sanitizing fools us of for a higher handling.		
	<u>^</u>		- Coside period internal audits and review processes to identify any areas of improvent to further minimise accidents or mishandling incidents related to mple handling.		
			Ensure proper ergonomics: Adjust the chair and workbench height to maintain a comfortable posture while working, reducing strain on the neck, back, and eyes.		
	5		- Take regular breaks: Encourage workers to take short breaks every 30-60 minutes. This will help reduce eye strain and any discomfort associated with sitting for long periods.		
			- Proper lighting conditions: Make sure the room has adequate lighting to avoid straining the eyes. Additionally, ensure that there is no glare or reflections from the microscope's light source.		
3. Focusing	Eyestrain, incorrect handling	2M	- Adjust microscope focus: Teach workers how to properly adjust the microscope's focus to prevent constant readjustment of their eyes, causing eyestrain.	1L	
			- Use both eyes: Remind workers to use both eyes while looking through binocular microscopes to achieve better balance and reduce eye strain.		
			- Eyepiece diopter adjustment: Instruct workers on adjusting the eyepiece diopter for their individual vision needs to minimise eyestrain.		
			- Handle with care: Provide training on correct handling techniques when moving or adjusting the microscope to prevent damage or accidents.		
			- Secure the microscope base: Make sure the microscope is securely placed on a stable surface to avoid any potential accidents or misalignment.		



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			 Keep inspection area clean: Ensure that the inspection area and microscope lenses are kept clean to maintain clear visibility and reduce the need for excessive focusing adjustments. 		
			- Utilise microscope accessories: Recommend and microscope accessories like adjustable observation tubes, tilting heads pergonomic evepieces to improve comfort and minimise strain during prolongs usage.		
			- Regular maintenance: Develop a routine main the eschedule for the microscope to ensure it is functioning optimally and helping a fid any unner asary straining while in use.		
			- Correct magnification on which are on selecting the appropriate magnification level for their tages, a avoid inner a sary eyestrain		
			- Ensure protestraining: Polide ade ate sting to all employees using microstopes to asure the know how and just and use them correctly to minimise risk.		
			- Risk as a sment, induct regular assessments of the working environment, equipment, and work a techniques to identify potential risks and implement necessary could mean use accordingly.		
4. Slide Movement	Damage to slide, user injury	2M		1L	



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5. Objective Change	Dropping objectives, towning objectives lens	зн		2M	



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6. Illumination	Exposure to intense light	2M		1L	



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7. Image Capturing	Poor image quality, data loss	2M		1L	



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8. Ergonomics	Incorrect posture, poor workstation setup	2M		1L	



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9. Maintenance	Electrical hazards, exposure to chemicals	ЗН		2M	



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10. Cleaning	Chemical exposure, cleaning-related injury	2M		1L	



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11. Storage	Improper storage, physical injuries	2M		1L	



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12. Waste Disposal	Improper disposal, contamination	3H		2M	



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EMERGENCY RESPONSE – CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE OF AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

Legislation QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/work-health-and-safety-laws

Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2017

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislati

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis > odes-or racti

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 201

Legislation NT: https://worksafe.nt.gov.au/laws-and-compliance/wo_place-

Codes of Practice NT: https://worksafe.nt.gov.au/5

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/legislation

Codes of Practice for SA: https://www.safework.sa.gov.au/wor aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Occupational Health al. Safety Act

Occupational Health and affety gulations 2017

Legis on VIC: https://www.xsafe.vic.gov.au/occupational-health-and-safety-act-and-

<u>qulat.</u>

des on actice VI autros://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation

Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work



SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

Worker Name	Pos	sition	Signature	Date	Time	Supe	ervisor	
				Date:				
				Date				
				L te:				
			AV	Date:				
				Date:				
				Date:				
				Date:				
		SAF WC A	STATEMENT	MONITORING AND R	EVIEW			
The SWMS must be reviewed regularly to rake sure it remains effective and must be reviewed (and revised if necessary) if relevant control measurements are subcontracted by the operation of the SWMS and their health and safety representatives who redesented that work group at the workplace. When the SWMS has been revised the PCBU must ensure that all persons involved with the work are advised that a revision has been made and how they can access the revised SWMS, including all persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS. All workers that will be involved in the work must be provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.				The SWMS must be monitored regularly for the effectiveness of ensuring hazard controls are effective in reducing the risk of incidents, keeping the workplace safe for all personnel. The person responsible for monitoring the effectiveness of the Safe Work Method Statement should employ a multi-faceted approach which includes but is not limited to: 1. Spot Checks. 2. Consultation with workers, contractors and sub-contractors. 3. Internal audits on a continual basis. An approach of continuous improvement, promptly recording inconsistencies or deficiencies, followed up by immediate corrective action and consultation with all relevant personnel ensures that the PCBU is consistently developing ever-improving systems of safe work principles.				
REVIEW NUMBER	□ 1	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7	
NAME								
INITIALS								
DATE								



SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

ITEMS WHICH MUST BE INCLUDED IN THE SWMS	COMPLETED	TO BE DONE	COMMENTS
The company details have been entered, including the project name and address.			
Names and signatures of all relevant personnel consulted during the development of the SWMS.		P P	
Name, signature, position and date signed of the person approving the SWMS.			
Specific personnel and qualifications, experience is noted in the SWMS.	P		
Provides a step-by-step process of tasks required to carry out the activity or task.			
Adequate risk assessment of any identified hazards has been completed.			
Foreseeable hazards are identified and documented for each step.			
Any hazards listed in any site risk assessments have been added to the SWh			
SWMS initial risk (IR) column as well as residual risk (RR) columns completed.			
Check control measures added to the SWMS are the most effecting so tions.			
Responsible person is assigned and listed on the SWMS for the imperent of continue assures.			
Permit requirements specified, such as Hot Work, Veralt Heights etc.			
SWMS identifies plant and equipment to be u d.			
Details of inspection checks required for any equipment listed are noted on the SWMS.			
Describes any mandatory qualifications, experience raining skills required to perform the work.			
Applicable personal protective equipment is selected on the SWMS.			
Lists any required permits or licenses.			
Reflects and documents any legislative references and/or Australian Standards.			
dentifies any hazardous substances used with specific control measures in line with any SDS.			
REVIEWED BY	DATE R	EVIEWED	
SIGNATURE	DATE CO	MPLETED	