

Arbour Press S	AFE WORK METHOD STAT	TEMENT (SWMS)	
1	TASK OR ACTIVITY: Arbour Pres	s	
Business Name: [Company Name]		ABN: [ABN]	SWMS#
Business Address: [Company Address]			
Contact Person:	Phone: [Phone]	E fil:	
THIS SAFE WORK METHOD	STATEMENT IS APPROVED BY 1	THE PL OF THE PROJECT	
Under the Work Health and Safety Regulation (WHS Regulation), a person conduct the proposed work starts.	eting a business or undertaking (F RU) is	required to ure at a safe work method s	tatement (SWMS) is prepared before
Full Name:			
Signature:		Title:	Date:
Details of the person(s) responsible for ensuring implementation, monitoring a	ompliance of the SWMS well as review	s and modifications of the SWMS.	
Full Name:		Title:	Phone:
ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS WMS. ST HAVE THE FOLLOWING COMMUNICATED	N. 1E AND DATED SIGNATURE OF A CO. MUNICATED TO IN THE DEVELO	LL RELEVANT PERSONNEL WHO HAVE BI PMENT AND APPROVAL OF THIS SWMS	EEN CONSULTED AND
Safety meetings or toolbox talks will be sched ed in accordance with egislative requirements to first identify any site hazards, conditions unical those hazards and then to further take steps to either the conditions of the conditions are or conditions.	NAME	SIGNATURE	DATE
If an incident or a near miss occurs, all work must standardly. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity.			
Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel.			
The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident.			



		CLI	ENT OR PRINCIPAL	CONTRACTOR D	ETAILS			
Client:						SCOPE OF WORKS		
Project Name:					Provide a detailed description of the specific work being carried out (otherwise			
Project Address:					known as cope of works).			
Project Manager:								
Contact Phone:								
Project Manager Sig	nature:							
Date SWMS supplie	d to Project Manager:							
		ANY HIGH-	RISK CON PUCT	N' JRK BEING	CARRIED OUT			
☐ involves a risk of a pe	erson falling more than 2 m	neters.		is carried out on or near pressurised gas mains or piping.				
is carried out on a tel	ecommunication tower.		M + M	is carried out on	or near chemical, fuel or refrig	erant lines.		
☐ involves demolition o	f an element of a structure	that is load-be n.		is carried out on or near energised electrical installations or services.				
☐ involves demolition o	f an element related to the	physical integrit of a str	3.	is carried out in an area that may have a contaminated or flammable atmosphere.				
☐ involves, or is likely to	o involve, disturbing a	tos.		involves tilt-up or precast concrete.				
involves structural alt	eration or repair that re	upp to p	prevent collapse.	is carried out on, in or adjacent to a road, railway, shipping lane or other traffic corridor.				
is carried out in or ne	ar a confined space.			is carried out in an area of a workplace where there is any movement of powered mobile plant.				
is carried out in/near	a shaft or trench deeper th	nan 1.5m or tunnel involvin	g use of explosives.	is carried out in a	areas with artificial extremes of	temperature.		
is carried out in or ne	ar water or other liquid tha	t involves a risk of drowning	ng.	☐ involves diving w	vork.			
		ANY HI	IGH-RISK MACHINER	RY OR EQUIPMEN	IT NEARBY			
Forklift	☐ Crane/s	☐ Hoist/s	☐ Excavator	☐ Backhoe/Loader	☐ Boom Lift	☐ EWP	☐ Genie Lift	
☐ Trencher	☐ Drilling Rig	☐ Trucks	Formwork	☐ Bobcat	☐ Flammable Gas	☐ Fuel	☐ Dozer	
☐ High Voltage	☐ Mulcher	☐ Tilt-up Panels	Roller	☐ Scissor Lift	☐ Tractor	Other -		





PERL NAL TECTIVE EQUIPMENT (PPE)

FOOT PROTECTION	HAND PROTECTION	HEAD PROTECTION	HEARING PPOTECTION	PROTE	SPIRATORY P STECTION	FACE PROTECTION	HIGH-VIS CLOTHING	PROTECTIVE CLOTHING	FALL PROTECTION	SUN PROTECTION	HAIR/JEWELLERY SECURED
			A								

Select me appropriate PPE above suitable for the equipment used or the job task being performed (if applicable).

Note: A SWMS must be reviewed regularly to make sure it remains effective. A SWMS must be reviewed (and revised if necessary) if relevant control measures are revised. The review process should be carried out in consultation with workers (including contractors and subcontractors) who may be affected by the operation of the SWMS and their health and safety representatives who represented that work group at the workplace.

When a SWMS has been revised, the person conducting a business or undertaking must ensure all:

- 1. persons involved in the work are advised that a revision has been made and how they can access the revised SWMS;
- 2. persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS: and.
- 3. workers that will be involved in the work are provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR	RESPONSIBLE PERSON
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
1. Preparation	Falling objects, Trips and slips	2M	 Store all tools and equipment in designated areas when not in use to prevent tripping hazards. Use proper lifting techniques when handling havy objects, and seek assistance if needed to avoid dropping items or having the orfall from a height. Keep workspaces clean and free of clutter, orbris, as unnecessary items to reduce the chances of slips or trips. Inspect the work area regularly for potential hazards such as pills, exposed cables, uneven floor surfaces, pobstructions that have one accidents. Provide non-slip to a covery or other appropriate footwear to help prevent slipping on well slippery infaces. Ensure that parbor previous secure of coned in place before commencing work to mit use the lik of its uniting or topping during operation. Implicate a system of regular maintenance checks and promptly address any identifications or or octs to reduce the likelihood of accidents resulting from faulty equipm at one sor working conditions. Notify a person el of potential hazards in the workspace, and provide ongoing execution and travaling on safe work practices and procedures to maintain a high level on the reness and vigilance. Instablish clear traffic routes and walking paths in the workspace to separate penstrian and vehicle movements, reducing the chances of accidental collisions or run-ins with hazards. Use caution tape, cones, or other barrier devices to cordon off hazardous areas or regions where work is being carried out, preventing unauthorised access and minimising the likelihood of indirect accidents. Develop and implement an emergency response plan that outlines the steps to be followed in case of incidents, such as first aid provision and notifying the relevant authorities. Ensure all employees are familiar with this plan and have the necessary contact details readily available. 	1L	
2. Equipment Inspection	Electrical hazards, Faulty equipment	ЗН	 Regular equipment inspection: Conduct thorough visual assessments of the arbor press and its electrical components before each use to identify any signs of wear, damage or malfunction. Mandatory pre-use checks: Create and enforce a checklist for workers to follow before operating the arbor press, ensuring all safety features are intact and functioning properly. Electrical hazard signage: Clearly display warning signs near the arbor press area, alerting workers to potential electrical hazards and the importance of using proper safety precautions. 	1L	



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			- Certified equipment: Make sure that the arbor press and any associated electrical equipment meet the required Australian safety standards and certifications.		
			- Training and competency: Only allow properly train a and certified personnel to operate the arbor press, ensuring they have a moderstanding of potential hazards and how to mitigate risks.		
			- Equipment maintenance: Schedule and follow a round preventive maintenance plan for the arbor press, including regular inspectors by a qualified technician to address any potential issues comptly.		
			- Personal protective equipme. PPE): Ensure that price wear appropriate PPE while operating the acceptance of the protective gear specified in a many stures buildelines. - Emergency out-off procedures: Faciliaries orkers with the location and operation of the proof price emergency off switch, allowing them to quickly disate the many series are of emergency.		
			disable a mache a rease of emergency. - Clear von space and: Maintain a clean and clutter-free work environment around the arburph as reduced the risk of tripping or accidentally coming into contact with live electrical impone		
	7		and investigation: Implement a policy requiring workers to report any vip ent malfunctions, incidents, or near-misses involving the arbor press, acilitating pontinuous improvement to safety protocols and identifying further control asures if necessary.		
			Ergonomic assessment: Arrange a professional ergonomic evaluation for each workstation, including an assessment of chairs, desks, and other equipment used during the work process.		
			- Height-adjustable furniture: Provide adjustable seating and working surfaces to accommodate optimal ergonomic postures for individual workers, reducing the risk of musculoskeletal strain.		
			- Proper lighting: Ensure that adequate lighting is installed at each workstation to prevent eye strain and discomfort from glare or insufficient light.		
3. Setup Workspace	Poor ergonomics, Incorrect lighting	2M	- Breaks and micro-breaks: Encourage workers to take regular breaks and micro-breaks (short pauses in tasks) to allow their muscles time to rest and recover.	1L	
			- Rotation of tasks: Implement task rotation where possible to minimise repetitive movements and lessen the impact on any specific muscle group.		
			- Training and education: Regularly provide employees with training on correct ergonomics, posture, and body positioning to minimise the risk of injury.		
			- Monitor and adjust: Regularly review and update workspace setups as needed, ensuring they maintain optimal ergonomic conditions for each worker, and make adjustments based on feedback.		



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			 Anti-fatigue mats: Install anti-fatigue mats in areas where workers are required to stand for long periods, reducing pressure on the feet, legs, and lower back. 		
			- Use of assistive tools: Encourage the use of appropriate assistive devices, such as document holders, monitor arms or adjustable pooards, to reduce strain and support proper posture.		
			- Personal Protective Equipment (PPE): Protective safety equipment for employees working in low-light environments, coatings.		
			- Maintenance and housekeep . Keep workstation sternand well-maintained to provide a safe and of the free with environment whit a comoting feelings of well-being among works.		
4. Operate Arbour Press	Crushing injuries, Piner-points	ЗН		2M	



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	1				
5. Material Loading	Manual handling,	2M		1L	



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6. Material Unloading	Manual handling, U releas	2M		1L	



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7. Post-Press nspection	Exposure to sharp ealth, and g debris			1L	



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. Clean Up & faintenance	Chemical exposur Electrical hazards	2M		1L	



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9. Waste Disposal	Handling hazardous waste, Environmental risk	2M		1L	



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10. Emergency Procedures	Fire risks, Lack of emergency exits	4A		2M	



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11. Training & Supervision	Inadequate training, Poor supervision	ЗН		2M	



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12. Documentation & Reporting	Incomplete documentation, Inaccurate reporting	2M		1L	



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EMERGENCY RESPONSE – CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE OF AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

 $\textbf{Legislation QLD:} \ \underline{\textbf{https://www.worksafe.qld.gov.au/laws-and-compliance/work-health-and-safety-laws}$

Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2017

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislative

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis > odes-or racti

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 201

Legislation NT: https://worksafe.nt.gov.au/laws-and-compliance/wo_place-syllaws

Codes of Practice NT: https://worksafe.nt.gov.au/5

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/legislation

Codes of Practice for SA: https://www.safework.sa.gov.au/work_aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Occupational Health al. Safety Act

Occupational Health and affety gulations 2017

Legis on VIC: https://www.safe.vic.gov.au/occupational-health-and-safety-act-and-

<u>Julai.</u>

des on actice VIC attps://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation

Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work



SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

Worker Name	Pos	sition	Signature	Date	Time	Sup	pervisor	
				Date:				
			Date:					
				Date:				
				Date:				
	Date:							
		SAF WC A	STATEMENT	MONITORING AND	REVIEW			
The SWMS must be reviewed regularly to the ke sure it remains effective and must be reviewed (and revised if necessary) if relevant control measure and productive review process should be carried out in consultation with workers (including contractors and subcontract is) who may be affected by the operation of the SWMS and their health and safety representatives who recessented that work group at the workplace. When the SWMS has been revised the PCBU must ensure that all persons involved with the work are advised that a revision has been made and how they can access the revised SWMS, including all persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS. All workers that will be involved in the work must be provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.				The SWMS must be monitored regularly for the effectiveness of ensuring hazard controls are effective in reducing the risk of incidents, keeping the workplace safe for all personnel. The person responsible for monitoring the effectiveness of the Safe Work Method Statement should employ a multi-faceted approach which includes but is not limited to: 1. Spot Checks. 2. Consultation with workers, contractors and sub-contractors. 3. Internal audits on a continual basis. An approach of continuous improvement, promptly recording inconsistencies or deficiencies, followed up by immediate corrective action and consultation with all relevant personnel ensures that the PCBU is consistently developing ever-improving systems of safe work principles.				
REVIEW NUMBER	<u> </u>	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7	
NAME								
INITIALS								
DATE								



SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

ITEMS WHICH MUST BE INCLUDED IN THE SWMS	COMPLETED	TO BE DONE	COMMENTS
The company details have been entered, including the project name and address.			
Names and signatures of all relevant personnel consulted during the development of the SWMS.		P P	
Name, signature, position and date signed of the person approving the SWMS.			
Specific personnel and qualifications, experience is noted in the SWMS.	P		
Provides a step-by-step process of tasks required to carry out the activity or task.			
Adequate risk assessment of any identified hazards has been completed.			
Foreseeable hazards are identified and documented for each step.			
Any hazards listed in any site risk assessments have been added to the SWh			
SWMS initial risk (IR) column as well as residual risk (RR) columns completed.			
Check control measures added to the SWMS are the most effecting so tions.			
Responsible person is assigned and listed on the SWMS for the imperent of continue assures.			
Permit requirements specified, such as Hot Work, Veralt Heights etc.			
SWMS identifies plant and equipment to be u d.			
Details of inspection checks required for any equipment listed are noted on the SWMS.			
Describes any mandatory qualifications, experience raining skills required to perform the work.			
Applicable personal protective equipment is selected on the SWMS.			
Lists any required permits or licenses.			
Reflects and documents any legislative references and/or Australian Standards.			
dentifies any hazardous substances used with specific control measures in line with any SDS.			
REVIEWED BY	DATE R	EVIEWED	
SIGNATURE	DATE CO	MPLETED	