



Manual Handling Of Ty	res SAFE WORK METHO	D STATEMENT (SWMS)	
TASK	OR ACTIVITY: Manual Handling (Of Tyres	
Business Name:		ABN:	SWMS#
Business Address:			
Contact Person:	Phone:	E fil:	
THIS SAFE WORK METHOD	STATEMENT IS APPROVED BY	THE PCL OF THE ROJECT	
Under the Work Health and Safety Regulation (WHS Regulation), a person conduct the proposed work starts.	cting a business or under a (PC 1) is	required to en that a safe work method s	statement (SWMS) is prepared before
Full Name:			
Signature:		Title:	Date:
Details of the person(s) responsible for ensuring implementation, monitoring	opliance the VMS a well as review	s and modifications of the SWMS.	
Full Name:		Title:	Phone:
ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS S /MS M HAVE THE FOLLOWING COMMUNICATED	NA. 2 OF ALL RELEVANT PERSONNI EVELOPMENT AND APPROVAL OF	EL WHO HAVE BEEN CONSULTED AND CO	OMMUNICATED TO IN THE
Safety meetings or toolbox talks will be sched and in accomposition with a gislative requirements to first identify any site hazards, hazards and then to further take steps to either eliminate or continuous each hazard.			
If an incident or a near miss occurs, all work must sto, adately. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity.			
Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel.			
The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident.			

Version 2.5 Authorised by Review # Date of Issue: Review Date: 1





CLIENT OR PRINCIPAL	CONTRACTOR DETAILS
Client:	SCOPE OF WORKS
Project Name:	
Project Address:	
Project Manager:	
Contact Phone:	
Date SWMS supplied to Project Manager:	
ANY HIGH BIOK CONSTRUCTOR	NAME OF THE POLIT
ANY HIGH-RISK CONSTRUCTOR	N WC & BEIN C ARIED OUT
☐ involves a risk of a person falling more than 2 meters	is carried out on or near pressurised gas mains or piping
☐ is carried out on a telecommunication tower	carried out on or near chemical, fuel or refrigerant lines
☐ involves demolition of an element of a structure that is load-bearing	\square is carried out on or near energised electrical installations or services
☐ involves demolition of an element related to the physical integral of a functure	☐ is carried out in an area that may have a contaminated or flammable atmosphere
☐ involves, or is likely to involve, disturbing asb	☐ involves tilt-up or precast concrete
☐ involves structural alteration or repair that —quires term — v sup —rt to prevent collapse	☐ is carried out on, in or adjacent to a road, railway, shipping lane or other traffic corridor
☐ is carried out in or near a confined space	☐ is carried out in an area of a workplace where there is any movement of powered mobile plant
☐ is carried out in/near a shaft or trench deeper that. tunnel involving use of explosives	☐ is carried out in areas with artificial extremes of temperature.
\square is carried out in or near water or other liquid that involves a risk of drowning.	☐ involves diving work.
ANY HIGH-RISK MACHINER	Y OR EQUIPMENT NEARBY

Version 2.5 Authorised by Review # Date of Issue: Review Date: 2



RISK MATRIX										
LIKELIHOOD	INSIGNIFICANT	MINOR	MODERATE	MAJOR	CATASTROPHIC	SCORE	ACTION	HEI	RARCHY OF CONTROLS	
ALMOST CERTAIN	3 HIGH	3 HIGH	4 ACUTE	4 ACUTE	4 ACUTE	SCORE	ACTION		Elimination Remove the hazard.	
LIKELY	2 MODERATE	3 HIGH	3 HIGH	4 ACUTE	4 ACUTE	4A ACUTE	DO NOT PROCE		Substitution	
POSSIBLE	1 LOW	2 MODERATE	3 HIGH	4 ACUTE	4 ACUTE	3H HIGH	Review before work starts.		Replace the hazard.	
UNLIKELY	1 LOW	1 LOW	2 MODERATE	3 HIGH	4 ACUTE	2M MODERATE	Ensure control measures in place.	Isolate	e People from the hazard	
RARE	1 LOW	1 LOW	2 MODERATE	3 HIGH	3 HIGH	1L LOW	nitor and		Engineering Isolate the hazard.	
is the second m	rchy of Controls: ost effective metho nging the work is th	d of controlling a	hazard. Enginee	ering by isolati	on is the in ost e	en 'ive, while	rd. Substitution Administrative effective		Administrative Change the work. PPE	

				PERS		TIVE EQUIPM					
		Select the app	ropriate PPŁ	abo v uitab	cor the equi	pment used or	the job task	being perforr	ned (if applica	ıble).	
FOOT PROTECTION	HAND PROTECTION	HEAD PROTECTION	HEARING ETION	P ECTION	PROTECTION	FACE PROTECTION	HIGH-VIS CLOTHING	PROTECTIVE CLOTHING	FALL PROTECTION	SUN PROTECTION	HAIR/JEWELLERY SECURED
Other PPE R	equired:										
	Pe	ermit or Licen	ses Requirem	ents			Ma	andatory Qual	ifications and	Training	



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK
1. Preparation	Incorrect manual handling, Exposure to sharp objects	зн	 Conduct a risk assessment before starting tank to identify potential hazards in the environment. Provide manual handling training specific to are lifting and moving techniques for all workers involved. Ensure workers use proper lifting techniques, our as bending knees and keeping the back straight. Limit the weight of tyres to be analyzed manually and use a manical aids where possible. Use tyre trolleys or area to make tyres when covering nonger distances or handling multiple tyres at once. Wear applies at persons protective squite ent, including gloves that provide a good grip and protection against sharp ages. Clears ank are a nere tyres are stored and ensure floors are free from clutter and obstructions. Rotations are regardly to avoid prolonged repetitive movements and reduce fatigue. Team thing shall be used for larger or heavier tyres, ensuring coordination between team members. sition yres a maist height for easier handling and minimise lifting from the ground or lowering from heightous protruding wires or sharp objects before handling. Ensure adequate lighting in storage and handling areas to improve visibility and hazard identification. Regularly review and update manual handling procedures and control measures. Set up a reporting system for any incidents or near-misses related to manual handling to continuously improve safety practices. 	2M
2. Tyre Inspection	Exposure to hazardous substances (rubber dust), Slips, trips and falls	2M	 Conduct a pre-task hazard assessment to identify and mitigate potential risks associated with tyre handling. Ensure adequate lighting in all inspection areas to enhance visibility and reduce the risk of slips, trips, and falls. Use personal protective equipment (PPE) such as gloves, long sleeves, and safety glasses to protect against exposure to rubber dust. Implement proper ventilation or use extraction systems to minimise accumulation of hazardous rubber dust in the work area. Provide training sessions for workers on safe manual handling techniques and awareness of hazardous substance exposure. Keep inspection areas clean and free from debris or obstructions to prevent slips, trips, and falls. Mark potential slip, trip, and fall hazards clearly with warning signs or floor markings. 	1L



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			- Use anti-slip mats or coatings on floors where tyres are inspected to improve traction and reduce slipping risks.	
			- Regularly clean and maintain floors to ensure the semain dry and free of oil or grease that could increase the risk of slipping.	
			- Encourage regular breaks for employees olved in resultive tasks to reduce fatigue and maintain focus.	
			- Minimise manual handling by using mechanica and sor equipment, such as tyre dollies or lifters, whenever possible.	
			- Introduce a buddy system for a ving heavy tyres to the load and ensure safer manual handling.	
			- Conduct regular ealth notitoring or employee who frequently handle tyres to detect any inhalation-related issue early.	
			- Review and by late the cure Work May a Statement (SWMS) regularly to incorporate any new control measure or characteristics.	
		•	- Follow proportion and brandling techniques, including bending at the knees and keeping the back straight. - Lyrk handling tools like levers or trolleys to avoid direct lifting where possible.	
			Ensured t working gloves with good grip are worn to prevent slippage while handling tyres.	
			- Infirm that tyres are deflated before attempting any change sequence.	
			- Inspect all equipment and tools for damage or wear before use.	
			- Implement a buddy system when handling larger or heavier tyres, requiring two people to share the load.	
3. Initiating Tyre	Crushing Injury du to incomunal	1A	- Conduct regular safety training sessions focused on manual handling and tyre-specific hazards.	2M
Change Sequence	handling, Unexpect		- Keep the workspace free of obstacles and clutter, ensuring enough room to maneuver safely.	
			- Always position yourself away from the potential blast zone during inflation or deflation tasks.	
			- Verify that air pressures in tyres match the manufacturer's recommended specifications to minimise the risk of explosion.	
			- Employ the use of mechanical aids, such as hoists, when lifting is unavoidable.	
			- Regularly review Safe Work Method Statements (SWMS) to ensure controls remain effective and relevant.	
			- Provide clear signage around areas where manual handling and tyre changes occur to alert others to potential hazards.	
	Musculoskeletal injuries due to repetitive			
4. Loosening Tyre	movement, Noise related hazards	2M		1L



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5 Demoving Tyre From	Detential for falling phicate. Strains from			
5. Removing Tyre From Wheel Assembly	Potential for falling objects, Strains from overexertion	3H		2M



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK
6. Cleaning and Inspecting Rim	Cuts or abrasions from metal shards, Exposure to rust or other harmful materials	2M		1L
7. Placing New Tyre onto Rim	Incorrect manual handling causing musculoskeletal injuries, Potential for pinching or crushing fingers	3H		2M







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9. Attaching Tyre to Vehicle	Incorrect use of tools leading to injury, Strain from lifting heavy object	2M		1L
10. Lowering Vehicle	Potential for vehicle collapse, Musculoskeletal injuries from sudden movement	ЗН		1L



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11. Final Inspection and Clean Up	Exposure to hazardous substances, Tripping hazards from left over materials/tools	2M		1L



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SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK
12. Documentation	Poor ergonomics causing strain, Paper cuts	1L		1L
13. Disposing Old Tyres	Potential for back or knee injury when bending/lifting, Hazardous residue from worn tyres	2M		1L



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4. Equipment laintenance	Burns or electrocution mem faulty equipment, Tripping over power cor	3H		1L
iainteriarice	equipment, Tripping over power con-			ı
				I
l5. Emergency Plan Review	Stress related to emergency situations, Inadequate evacuation planning leading to injury during an emergency	2M		1L



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16. Training and Education for Handling Tyres	Inadequate understanding causing misuse of equipment, No knowledge of potential hazards	2M		1L



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SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK
				I
	1			
17. Regular Safety Inspections	Overlooking minor issues leading to major accidents, Failure identif	2M		1L
	emerging risks			



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR
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	Non-adherence to safety regulations			
8. Assessing the ffectiveness of Control	leading to repeats of past mistakes - slow improvement, lor of new technique advance onts that could improve safety me sures	2		2M
leasures	improve safety me sures			_
				•
	Potential for manual handling injuries,			
9. Transporting Tyres and From Workshop	Road traffic accident risk when transporting tyres	3H		2M



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR
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	5			
20. Cleaning the Work Area	Slips, trips and falls due to wet floors, Exposure to chemical cleaning substances	2M		■ 1L



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SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUA RISK
		-		



EMERGENCY RESPONSE - CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE OF AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

Legislation QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/work-health-and-safety-laws Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice

Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2017

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislatide

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 2011

Legislation NT: https://worksafe.nt.gov.au/laws-and-compliance/wo_place-

Codes of Practice NT: https://worksafe.nt.gov.au/f

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/legislation

Codes of Practice for SA: https://www.safework.sa.gov.au/work_aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Occupational Health al. Safety Act

Occupational Health and afety gulations 2017

Legis on VIC: https://www.csafe.vic.gov.au/occupational-health-and-safety-act-and-

gulat

tes of actice VIC attps://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work





SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

Worker Name	Signature	Date

SAFE WORK IN THE STATEMENT MONITORING AND REVIEW

The SWMS must be reviewed regularly to make sure it remains a fective of must be reviewed (and revised if necessary) if relevant control measures are revised. The view process should be carried out in consultation with workers (including contractors of the SWMS and their health and safety representatives who represented that work group at the workplace.

When the SWMS has been revised the PCBU mast ensure that advised that a revision has been made and how they can access the revised SWMS, including all persons who will need to change a work procedure or system as a rest of the review are advised of the changes in a way that will enable them to implement their duties and the involved in the work must be provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.

The SWMS must be monitored regularly for the effectiveness of ensuring hazard controls are effective in reducing the risk of incidents, keeping the workplace safe for all personnel. The person responsible for monitoring the effectiveness of the Safe Work Method Statement should employ a multi-faceted approach which includes but is not limited to:

- Spot Checks.
- 2. Consultation with workers, contractors and sub-contractors.
- 3. Internal audits on a continual basis.

An approach of continuous improvement, promptly recording inconsistencies or deficiencies, followed up by immediate corrective action and consultation with all relevant personnel ensures that the PCBU is consistently developing ever-improving systems of safe work principles.

REVIEW NUMBER	1	2	3	4	5	6	7
NAME							
INITIALS							
DATE							

Version 2.5 Authorised by Review # Date of Issue: Review Date: 19





SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

ITEMS WHICH MUST BE INCLUDED IN THE SWMS	COMPLETED	COMMENTS
The company details have been entered, including the project name and address.		
All relevant personnel consulted during the development of the SWMS.		
Name, signature, position and date signed of the person approving the SWMS.		
Specific personnel and qualifications, experience is noted in the SWMS.	7	
Provides a step-by-step process of tasks required to carry out the activity or task.		
Adequate risk assessment of any identified hazards has been completed.		
Foreseeable hazards are identified and documented for each step.		
Any hazards listed in any site risk assessments have been added to the SWMS		
SWMS initial risk (IR) column as well as residual risk (RR) column pleted.		
Check control measures added to the SWMS are the most effective selections		
Responsible person is assigned and listed on the part the important control measures.		
Permit or licenses requirements specified, sur as Hot Work, Electric Work, Work at Heights etc.		
SWMS identifies plant and equipment to be us		
Details of inspection checks required for any equipment listed an inoted on the SWMS.		
Describes any mandatory qualifications, experience, and or skills required to perform the work.		
Applicable personal protective equipment is selected on the SWMS.		
Reflects and documents any legislative references and/or Australian Standards.		
Identifies any hazardous substances used with specific control measures in line with any SDS.		
REVIEWED BY	DATE REVIEWE	D
SIGNATURE	DATE COMPLET	ED