



| Delivery Driver Courier and Goo | ods Handling SAFE WOR | (METHOD STATEMENT (SW | MS) |
|--|---|--|-------------------------------------|
| TASK OR ACTIV | /ITY: Delivery Driver Courier and | Goods Handling | |
| Business Name: | | ABN: | SWMS# |
| Business Address: | | | |
| Contact Person: | Phone: | E qil: | |
| | | | |
| THIS SAFE WORK METHOD | STATEMENT IS APPROVED BY | THE PC. OF THE ROJECT | |
| Under the Work Health and Safety Regulation (WHS Regulation), a person conduct the proposed work starts. | cting a business or undo | required to er. sthat a safe work method s | statement (SWMS) is prepared before |
| Full Name: | | | |
| Signature: | | Title: | Date: |
| Details of the person(s) responsible for ensuring implementation, monitoring | noliance the VMS a well as review | s and modifications of the SWMS. | |
| Full Name: | | Title: | Phone: |
| ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS 5 MS M HAVE THE FOLLOWING COMMUNICATED | NAL 2 OF ALL RELEVANT PERSONN EVELOPMENT AND APPROVAL OF | EL WHO HAVE BEEN CONSULTED AND CO THIS SWMS | OMMUNICATED TO IN THE |
| Safety meetings or toolbox talks will be scheded in accordance with gislative requirements to first identify any site hazards, and then to further take steps to either eliminate or continuous each hazard. | | | |
| If an incident or a near miss occurs, all work must sto, quately. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity. | | | |
| Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel. | | | |
| The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident. | | | |

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| CLIENT OR PRINCIPAL | CONTRACTOR DETAILS |
|---|---|
| Client: | SCOPE OF WORKS |
| Project Name: | |
| Project Address: | |
| Project Manager: | |
| Contact Phone: | |
| Date SWMS supplied to Project Manager: | |
| ANY HIGH-RISK CONSTRUCTOR | ON WO K BEIN O KRIED OUT |
| ☐ involves a risk of a person falling more than 2 meters | ☐ is carried out on or near pressurised gas mains or piping |
| ☐ is carried out on a telecommunication tower | carried out on or near chemical, fuel or refrigerant lines |
| ☐ involves demolition of an element of a structure that is load-bearing | ☐ is carried out on or near energised electrical installations or services |
| ☐ involves demolition of an element related to the physical integration of a ructure | ☐ is carried out in an area that may have a contaminated or flammable atmosphere |
| ☐ involves, or is likely to involve, disturbing asb | ☐ involves tilt-up or precast concrete |
| ☐ involves structural alteration or repair that — quires term — ov sup — rt to prevent collapse | ☐ is carried out on, in or adjacent to a road, railway, shipping lane or other traffic corridor |
| is carried out in or near a confined space | ☐ is carried out in an area of a workplace where there is any movement of powered mobile plant |
| ☐ is carried out in/near a shaft or trench deeper tha tunnel involving use of explosives | ☐ is carried out in areas with artificial extremes of temperature. |
| ☐ is carried out in or near water or other liquid that involves a risk of drowning. | ☐ involves diving work. |
| ANY HIGH-RISK MACHINER | RY OR EQUIPMENT NEARBY |
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| | RISK MATRIX | | | | | | | | | | |
|-------------------|--|--------------------|-----------------|-----------------|--------------|-----------------|---|--|--------------------------------------|--|--|
| LIKELIHOOD | INSIGNIFICANT | MINOR | MODERATE | MAJOR | CATASTROPHIC | SCOBE | ACTION | | HEIRARCHY OF CONTROLS | | |
| ALMOST CERTAIN | 3 HIGH | 3 HIGH | 4 ACUTE | 4 ACUTE | 4 ACUTE | SCORE ACTION - | | | Elimination Remove the hazard. | | |
| LIKELY | 2 MODERATE | 3 HIGH | 3 HIGH | 4 ACUTE | 4 ACUTE | 4A ACUTE | DO NOT PROCE | | Substitution | | |
| POSSIBLE | 1 LOW | 2 MODERATE | 3 HIGH | 4 ACUTE | 4 ACUTE | 3H HIGH | Review befor work starts. | | Replace the hazard. | | |
| UNLIKELY | 1 LOW | 1 LOW | 2 MODERATE | 3 HIGH | 4 ACUTE | 2M MODERATE | Ensure control measures in place. | | Isolate People from the hazard | | |
| RARE | 1 LOW | 1 LOW | 2 MODERATE | 3 HIGH | 3 HIGH | 1L LOW | nitor and | | Engineering Isolate the hazard. | | |
| is the second m | rchy of Controls: ost effective metho nging the work is th | d of controlling a | hazard. Enginee | ring by isolati | | et. 'ive, while | rd. Substitution Administrative effective | | Administrative Change the work. PPE | | |

| | | | | PERS | | TIVE EQUIPM | | | | | |
|--------------------|--------------------|--------------------|--------------|-------------|------------------------|---------------------------------------|----------------------|------------------------|--------------------|-------------------|---------------------------|
| | | Select the app | ropriate PPL | abo. ~uitab | le or the equip | oment used or | the job task | being perform | ned (if applica | able). | |
| FOOT PROTECTION | HAND PROTECTION | HEAD PROTECTION | ARING STION | F' CTIO | RL PIRATORY PROTECTION | FACE PROTECTION | HIGH-VIS CLOTHING | PROTECTIVE CLOTHING | FALL PROTECTION | SUN PROTECTION | HAIR/JEWELLERY SECURED |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| Other PPE R | equired: | | | | | | | | | | |
| | Pe | ermit or Licen | ses Requirem | ents | | Mandatory Qualifications and Training | | | | | |
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| JOB STEP | POTENTIAL HAZARDS | IR | CONTROL MEASURES | RR |
|-----------------------------------|---|-----------------|---|------------------|
| SPECIFIC WORK STEPS | HAZARDS THAT MAY ARISE | INITIAL RISK | SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS | RESIDUAL RISK |
| Pre-start planning and scheduling | Unrealistic delivery timeframes Fatigue accumulation Adverse weather conditions Remote or unfamiliar locations Traffic congestion Poor route planning Inadequate information from client Mobile phone distraction | 3H | Confirm delivery windows with scheduler an allow realistic loading, travel and unloading times to eliminate rushing Check weather forecasts for route and reschible a modify runs when severe weather warnings are issued Plan routes using GPS and and knowledge to manise a darks, narrow alleys and complex reversing where possible Obtain site across instructions, con act details and any specific delivery conditions from client before departure Print a down, at clear selivery run shous and maps to reduce reliance on mobile phone while driving Progula SPS and eview route while parked before leaving depot; DO NOT enter destinations while vehicle is a using Schedier resultants in line with company fatigue policy and Heavy Vehicle National Law (where noticable) Committee type and load capacity are suitable for planned appliances, including tall fridges and ulky with coods That if y school zones, residential streets and known high-risk intersections along the route and brief drivers accordingly Verify drivers hold the correct class of licence and are familiar with company driving and mobile phone policies Instruct drivers to stop at a safe location before making or taking calls, including hands-free calls Record any known site hazards (steep driveways, unstable verges, limited parking) on job sheets for driver reference | 2M |
| Vehicle pre-start inspection | Brake failure Steering malfunction Tyre blowout Lighting failure Load restraint failure Door or tailgate failure Fluid leaks Reversing camera malfunction | 3Н | Conduct a full pre-start inspection of delivery van, Ute or truck at the start of each shift using a documented checklist Inspect tyres for damage, correct pressure and tread depth; DO NOT operate vehicle with tyres below legal tread limits Test brakes, steering and horn in depot yard at low speed before leaving Check all lights, indicators, brake lights and hazard lights are operating; replace blown globes before departure Verify mirrors and reversing cameras or sensors are clean and functioning; DO NOT rely on cameras alone when reversing Inspect tailgate, side doors and roller doors for smooth operation and secure latching Check seatbelts for fraying and locking function; DO NOT operate vehicle if seatbelts are defective | 2M |



| JOB STEP | POTENTIAL HAZARDS | IR | CONTROL MEASURES | RR |
|-----------------------------|---|-----------------|---|------------------|
| SPECIFIC WORK STEPS | HAZARDS THAT MAY ARISE | INITIAL RISK | SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS Confirm no obvious fluid leaks under the vehicle and that oil, coolant and washer fluid are at required levels Verify load restraint points, anchor rails and interpolarriers are in good condition and securely mounted Confirm fire extinguisher (if fitted) is in place within test date and with seal pin intact Tag out and report any vehicle with safety vical def securely. DO NOT use vehicle until defects are rectified by a mechanic | RESIDUAL RISK |
| Loading goods at depot | Crush injury from falling appliances Overexertion during lifting Unstable pallet stacks Slip and trip on loading dock Unplanned vehicle movement Trolley or pallet jack rollover Damaged packagin | 4A | Position vehicle on level, decenated loading area with proportion and wheels chocked where required Verify tailgate to a rating of DC OT exceeds fe Working Load (SWL) or vehicle Gross Vehicle Mass (GVM) Use a let jac a forklift or powered in a operated by trained personnel for heavy whitegoods where available. Prohibit is mual lift of large fridges and large appliances beyond safe team-lift limits; use at least two person, plus of plus of large fridges and large appliances beyond safe team-lift limits; use at least two person, plus of large tridges and large appliances beyond safe team-lift limits; use at least two person, plus of large fridges and large appliances beyond safe team-lift limits; use at least two person, plus of large fridges and large appliances beyond safe team-lift limits; use at least two person, plus of large fridges and large appliances beyond safe team-lift limits; use at least two person, plus of large fridges on their singular manufacturer markings; DO NOT lay fridges on their singular manufacturer approved. Inspector skaging, straps and corner protectors; re-strap or re-wrap if damaged or weakened. The province for the large fridges and large appliances beyond safe team-lift limits; use at least two person, plus of large fridges on their singular manufacturer markings; DO NOT lay fridges on their singular manufacturer markings; DO NOT stand between moving pallets or trolleys and fixed structures where crush risk exists. Record load configuration and any special handling requirements on the delivery paperwork. | 2M |
| Load restraint and securing | Load shift during braking Appliance toppling in transit Strap failure Inadequate anchor points Crush injury when opening doors | 4A | | 2M |



| JOB STEP | POTENTIAL HAZARDS | IR | CONTROL MEASURES | RR |
|-------------------------------|---|-----------------|--|------------------|
| SPECIFIC WORK STEPS | HAZARDS THAT MAY ARISE | INITIAL RISK | SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS | RESIDUAL RISK |
| Driving between locations | Road collision Sudden braking incidents Fatigue while driving Distraction from devices Adverse weather conditions Roadwork and drours | | | 2M |
| Road safety during deliveries | Urban traffic congestion Sudden pedestrian movement Cyclist interaction Unclear road signage Aggressive road users School zone risks | 3Н | | 1L |



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| JOB STEP | POTENTIAL HAZARDS | IR | CONTROL MEASURES | RR |
|---------------------------------------|--|-----------------|--|------------------|
| SPECIFIC WORK STEPS | HAZARDS THAT MAY ARISE | INITIAL RISK | SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS | RESIDUAL RISK |
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| | | | | |
| | Parked in unsafe location | | | |
| Parking and position at delivery site | Vehicle rollaway Parking on unstable surfaces Limited space in free arparks | 2 | | 2M |
| | Obstructing eme ency access Collision while ma | | | |
| | | | | |
| | Collision with obstacles | | | |
| Reversing and narrow | Striking pedestrians Vehicle side scrape | 40 | |] |
| access manoeuvres | Reversing off rampsLimited visibility in alleysUnclear directions from spotter | 4A | | 2M |



| JOB STEP | POTENTIAL HAZARDS | IR | CONTROL MEASURES | RR |
|-----------------------------------|--|-----------------|--|------------------|
| SPECIFIC WORK STEPS | HAZARDS THAT MAY ARISE | INITIAL RISK | SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS | RESIDUAL RISK |
| Site assessment and communication | Unclear signage or directions Unstable paths or driveways Trip hazards on si Aggressive custorers or doco Poor lighting at enal. Vehicle—pedestrian interaction | 3H | | 2M |
| Manual handling preparation | Musculoskeletal strain Overexertion during lifting Poor team coordination Inadequate grip on packaging Sudden load shift on trolleys | 4A | | 2M |



| JOB STEP | POTENTIAL HAZARDS | IR | CONTROL MEASURES | RR |
|----------------------------|---|-----------------|--|------------------|
| SPECIFIC WORK STEPS | HAZARDS THAT MAY ARISE | INITIAL RISK | SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS | RESIDUAL RISK |
| | | | | |
| Moving fridges on trolleys | Trolley tip-over Crush injury agair walls Damage to floor Loss of control on S. Finger pinch between trolley and I. d. | 4A | | 2M |
| Unloading large appliances | Crush injury during unloadingTailgate failureSlip and trip on rampUncontrolled roll of trolley | 4A | | 2M |



| JOB STEP | POTENTIAL HAZARDS | IR | CONTROL MEASURES | RR |
|-------------------------------------|--|-----------------|--|------------------|
| SPECIFIC WORK STEPS | HAZARDS THAT MAY ARISE Pinch points on doors and gates | INITIAL RISK | SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS | RESIDUAL RISK |
| Placing and installing appliances | Strain while final sition Contact with live electrical outlets Trip hazards from pack sing Damage to plumbing connections Working in confined spaces indoors | ЗН | | 1L |
| Post-delivery wrap up and departure | Missed equipment checks Loose items in vehicle | 2M | | 1L |



| JOB STEP | POTENTIAL HAZARDS | IR | CONTROL MEASURES | RR |
|---------------------|-----------------------------|-----------------|--|------------------|
| SPECIFIC WORK STEPS | HAZARDS THAT MAY ARISE | INITIAL RISK | SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS | RESIDUAL RISK |
| | Fatigue on return trip | | | |
| | Poor hygiene after handling | | | |
| | Paperwork errors | | | |
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EMERGENCY RESPONSE - CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

Legislation QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/work-health-and-safety-laws Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice

Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2025

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislati

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 201

Codes of Practice NT: https://worksafe.nt.gov.au/f

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/le_lation

Codes of Practice for SA: https://www.safework.sa.gov.au/wor/ aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Or pational Health a. Safety Act J4

Occational Health and afety gulations 2017

Legis on VIC: https://www.sksafe.vic.gov.au/occupational-health-and-safety-act-and-

gulat

tes of actice VIC attps://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation

Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work





SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

| Worker Name | Signature |
|-------------|-----------|
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SAFE WORK IN THE STATEMENT MONITORING AND REVIEW

The SWMS must be reviewed regularly to make sure it remains fective of must be reviewed (and revised if necessary) if relevant control measures are rovised. The view respectively should be carried out in consultation with workers (including contractors as a sub-intractors of the SWMS and their health and safety representatives who represented that work group at the workplace.

When the SWMS has been revised the PCBU must ensure that advised that a revision has been made and how they can acces he revised SWMS, including all persons who will need to change a work procedure or system as a region of the review are advised of the changes in a way that will enable them to implement their duties and the revised SWMS. All workers that will be involved in the work must be provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.

The SWMS must be monitored regularly for the effectiveness of ensuring hazard controls are effective in reducing the risk of incidents, keeping the workplace safe for all personnel. The person responsible for monitoring the effectiveness of the Safe Work Method Statement should employ a multi-faceted approach which includes but is not limited to:

- Spot Checks.
- 2. Consultation with workers, contractors and sub-contractors.
- Internal audits on a continual basis.

An approach of continuous improvement, promptly recording inconsistencies or deficiencies, followed up by immediate corrective action and consultation with all relevant personnel ensures that the PCBU is consistently developing ever-improving systems of safe work principles.

| REVIEW NUMBER | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---------------|---|---|---|---|---|---|---|
| NAME | | | | | | | |
| INITIALS | | | | | | | |
| DATE | | | | | | | |

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SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

| ITEMS WHICH MUST BE INCLUDED IN THE SWMS | COMPLETED | COMMENTS |
|---|----------------|----------|
| | | |
| The company details have been entered, including the project name and address. | | |
| All relevant personnel consulted during the development of the SWMS. | | |
| Name, signature, position and date signed of the person approving the SWMS. | | |
| Specific personnel and qualifications, experience is noted in the SWMS. | 7 | |
| Provides a step-by-step process of tasks required to carry out the activity or task. | k | |
| Adequate risk assessment of any identified hazards has been completed. | \boxtimes | |
| Foreseeable hazards are identified and documented for each step. | \boxtimes | |
| Any hazards listed in any site risk assessments have been added to the SWMS | | |
| SWMS initial risk (IR) column as well as residual risk (RR) colum mpleted. | \boxtimes | |
| Check control measures added to the SWMS are the most effective selections. | \boxtimes | |
| Responsible person is assigned and listed on the part of the important of | \boxtimes | |
| Permit or licenses requirements specified, sur as Hot Work, Electric Work, Work at Heights etc. | \boxtimes | |
| SWMS identifies plant and equipment to be use | \boxtimes | |
| Details of inspection checks required for any equipment listed an onthe SWMS. | \boxtimes | |
| Describes any mandatory qualifications, experience, use or skills required to perform the work. | \boxtimes | |
| Applicable personal protective equipment is selected on the SWMS. | | |
| Reflects and documents any legislative references and/or Australian Standards. | \boxtimes | |
| Identifies any hazardous substances used with specific control measures in line with any SDS. | \boxtimes | |
| | | |
| REVIEWED BY | DATE REVIEWED | |
| SIGNATURE | DATE COMPLETED | |